

May 5th, 2016, Budapest, Hungary



**A Magyar Tudományos Akadémia
Orvosi Tudományok Osztálya**

tisztelettel meghívja Önt

**„A stressz 80 éves – Selye János cikke után (Nature, 1936)”
Biological stress is 80 years old – after the article of Hans Selye (Nature
1936)**

Helyszín: MTA Székház, Kisterem
(1051 Budapest, Széchenyi István tér 9. II. em.)

Időpont: 2016. május 5. (csütörtök) 14.00-16.30 óra

Stress-related gastroduodenal ulcers: Perspectives from academic surgeons

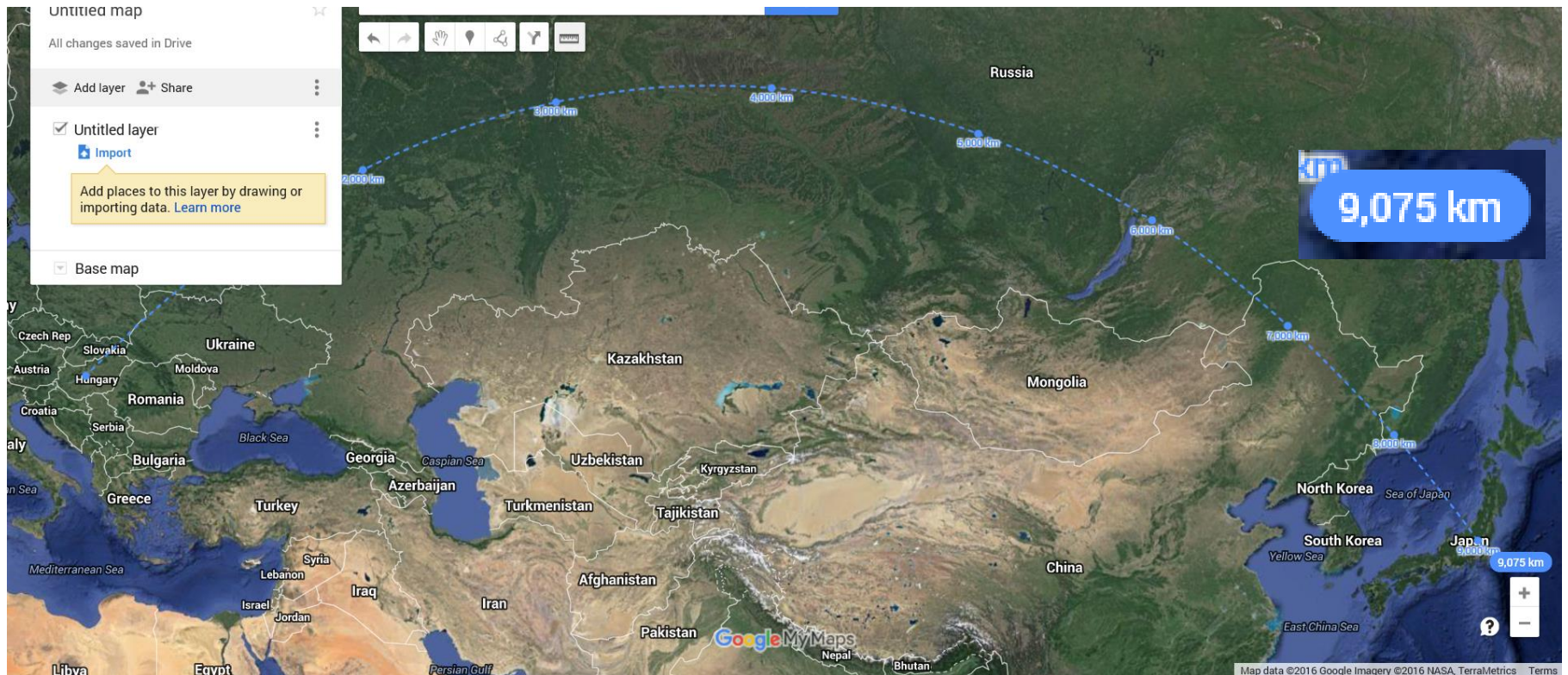
Masashi Yoshida, M.D., PhD, FACS

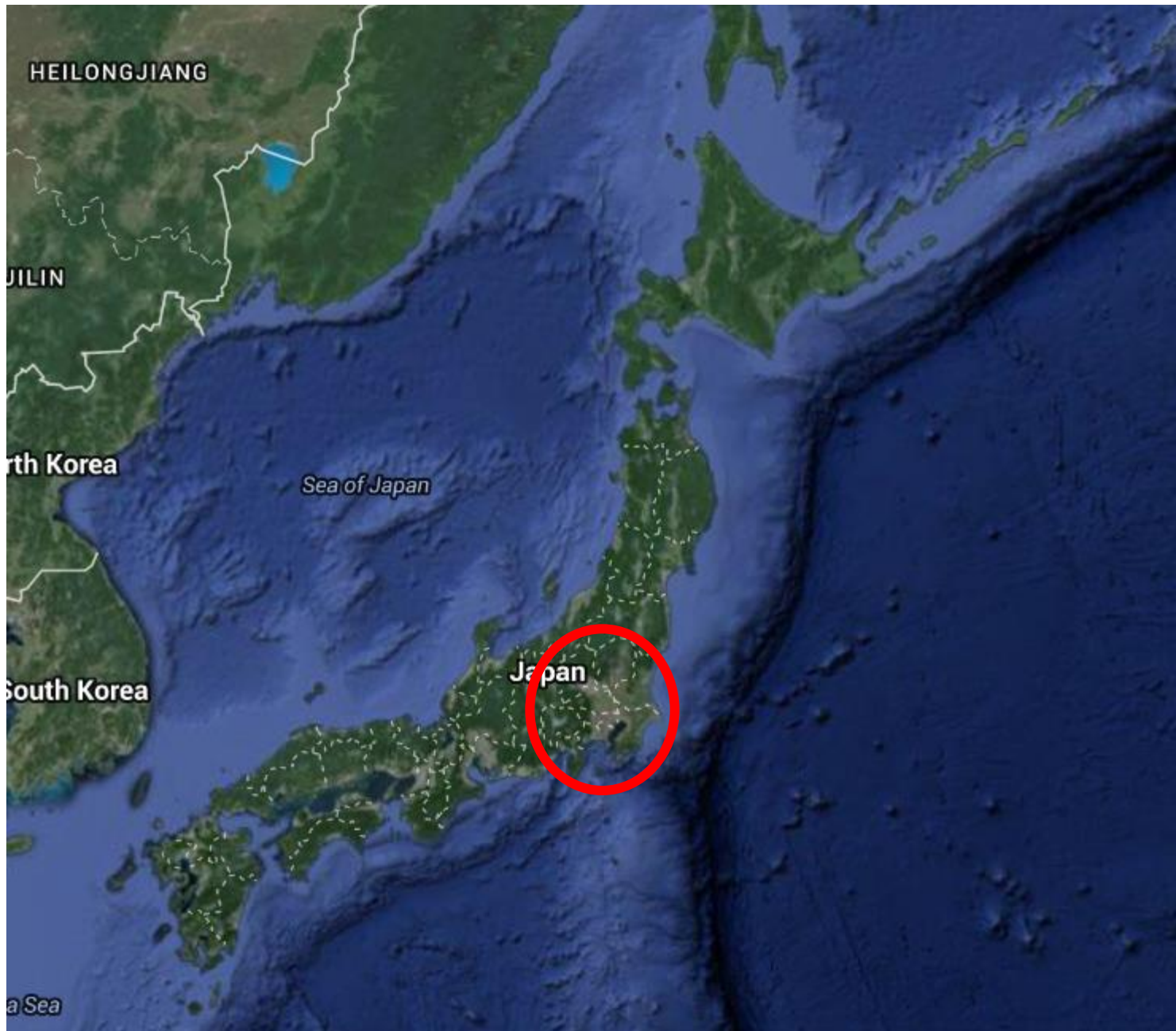
Visiting Professor,
Department of Surgical Research and Techniques,
Medical Faculty, Semmelweis University
Budapest, Hungary

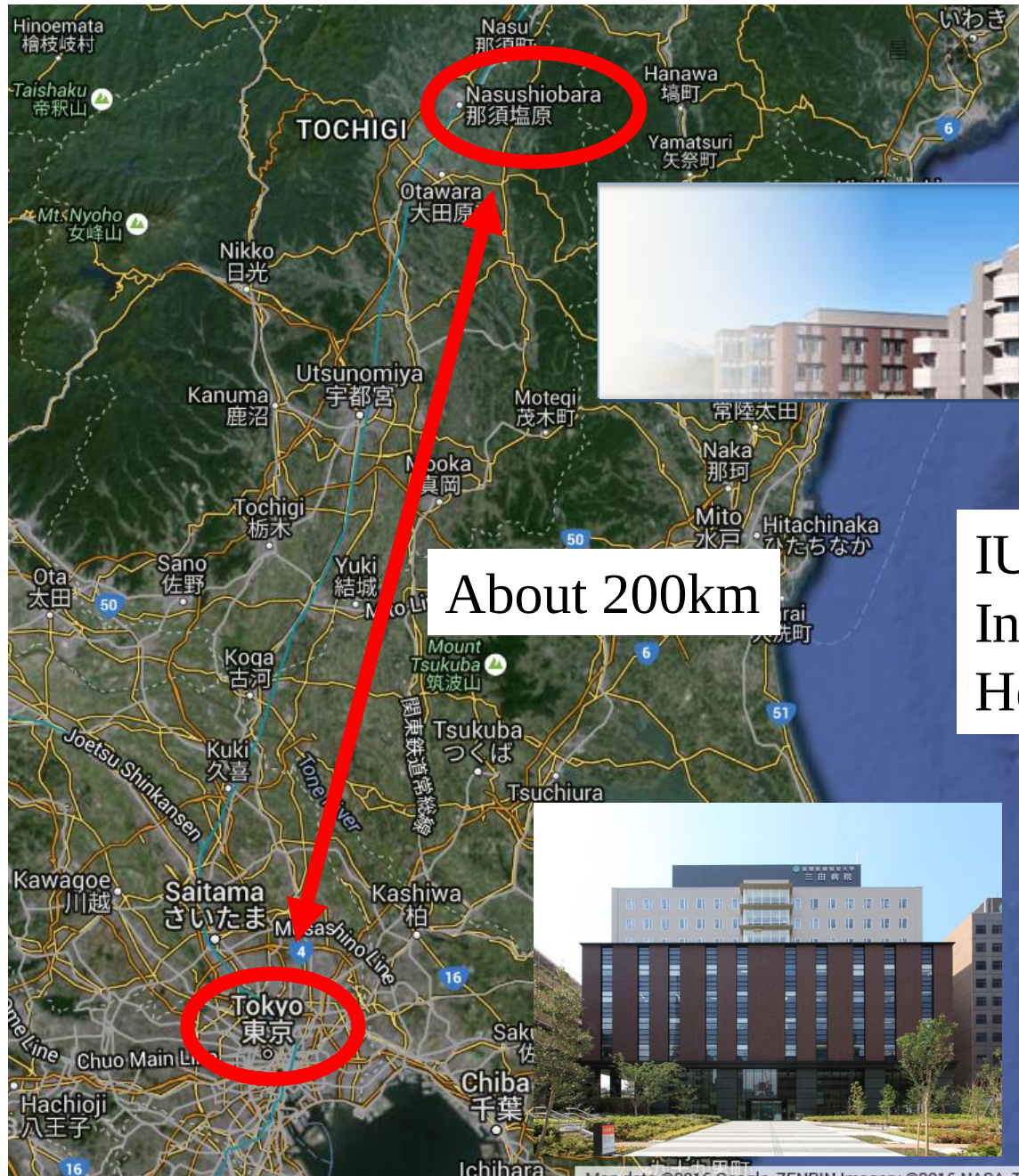
Professor,
Department of Surgery,
International University of Health and Welfare Hospital,
Tochigi, Japan

Masashi Yoshida, Masaki Kitajima, Yutaka Suzuki

International University of Health and Welfare Hospital,
Tochigi, Japan







IUHW Hospital



IUHW:
International University of
Health and Welfare



IUHW Mita Hospital

IUHW Hospital



IUHW: International University
of Health and Welfare
Established in 1995



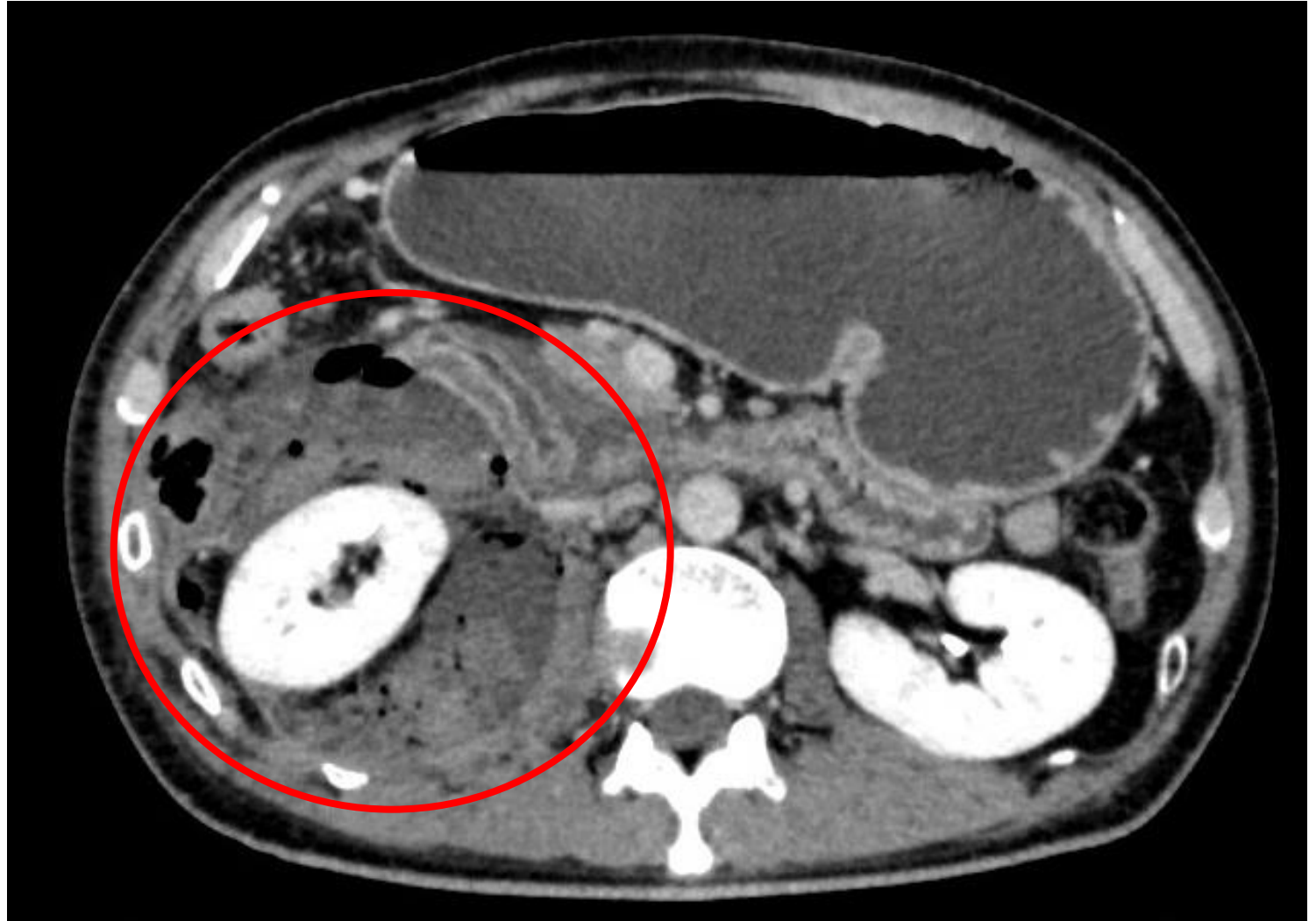
School of Medicine, 2017



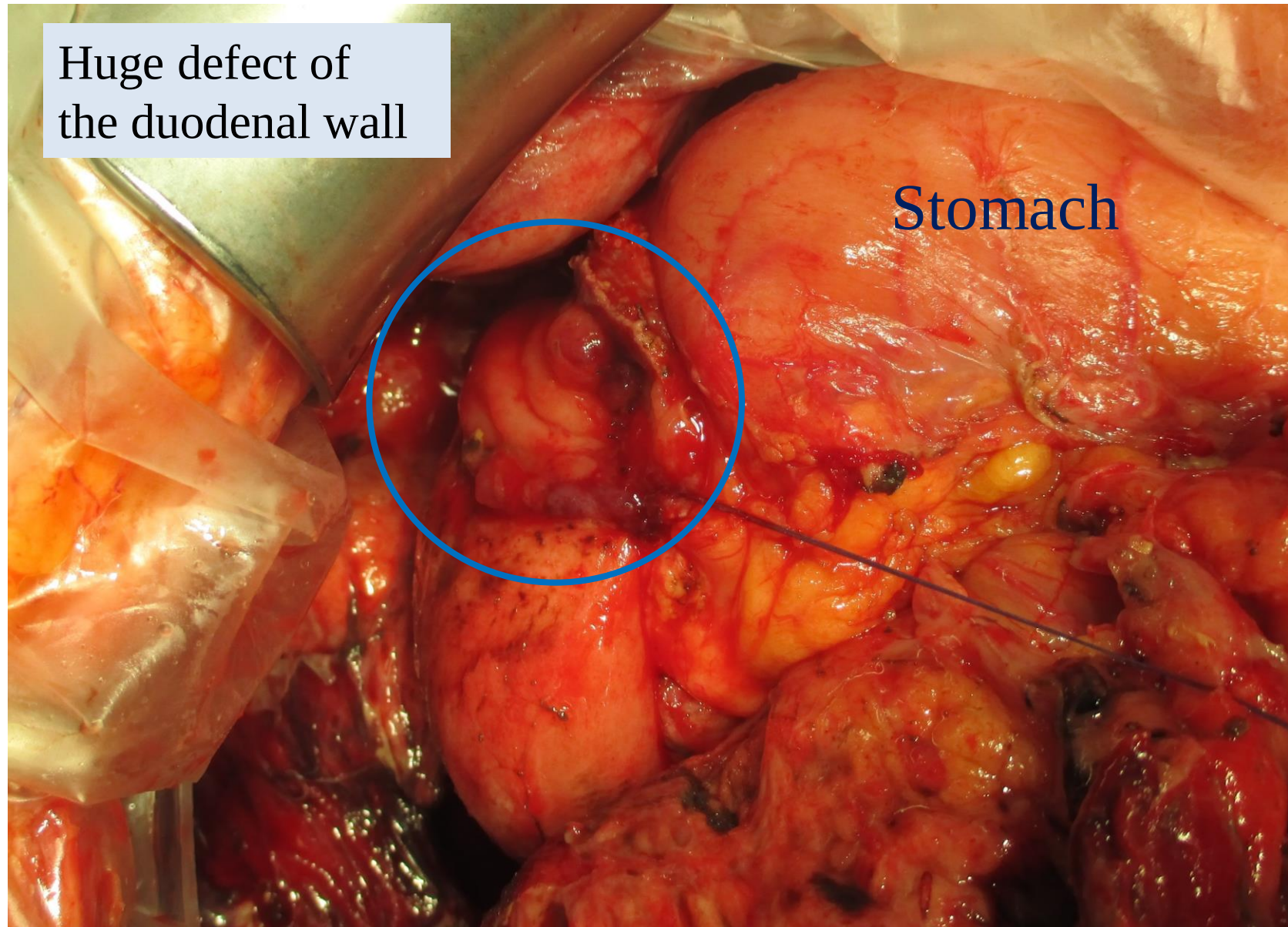
Duodenal Ulcer Perforation

Sept. 2014
57 year old
Male

Retroperitoneal
abscess



Duodenal Ulcer Perforation





What Is the Best Predictor of Mortality in Perforated Peptic Ulcer Disease? A Population-Based, Multivariable Regression Analysis Including Three Clinical Scoring Systems

Kenneth Thorsen • Jon Arne Søreide • Kjetil Søreide

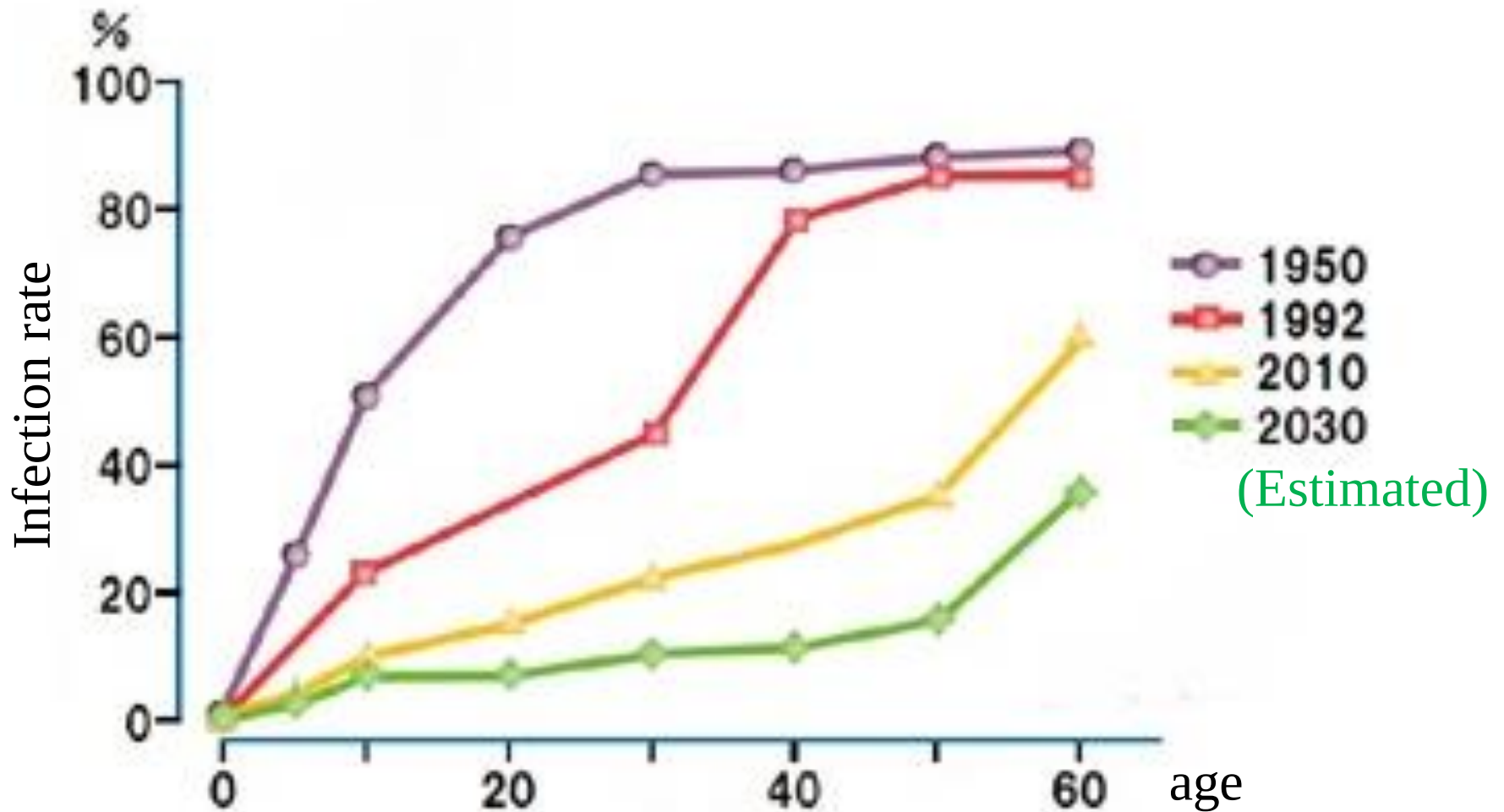
K. Thorsen (✉) • J. A. Søreide • K. Søreide
Department of Gastrointestinal Surgery, Stavanger University
Hospital, PO Box 8100, 4068 Stavanger, Norway

A total of 172 patients were included, of whom 28 (16 %) died within 30 days.

Table 4 Multivariable regression analysis of factors associated with 30-day mortality

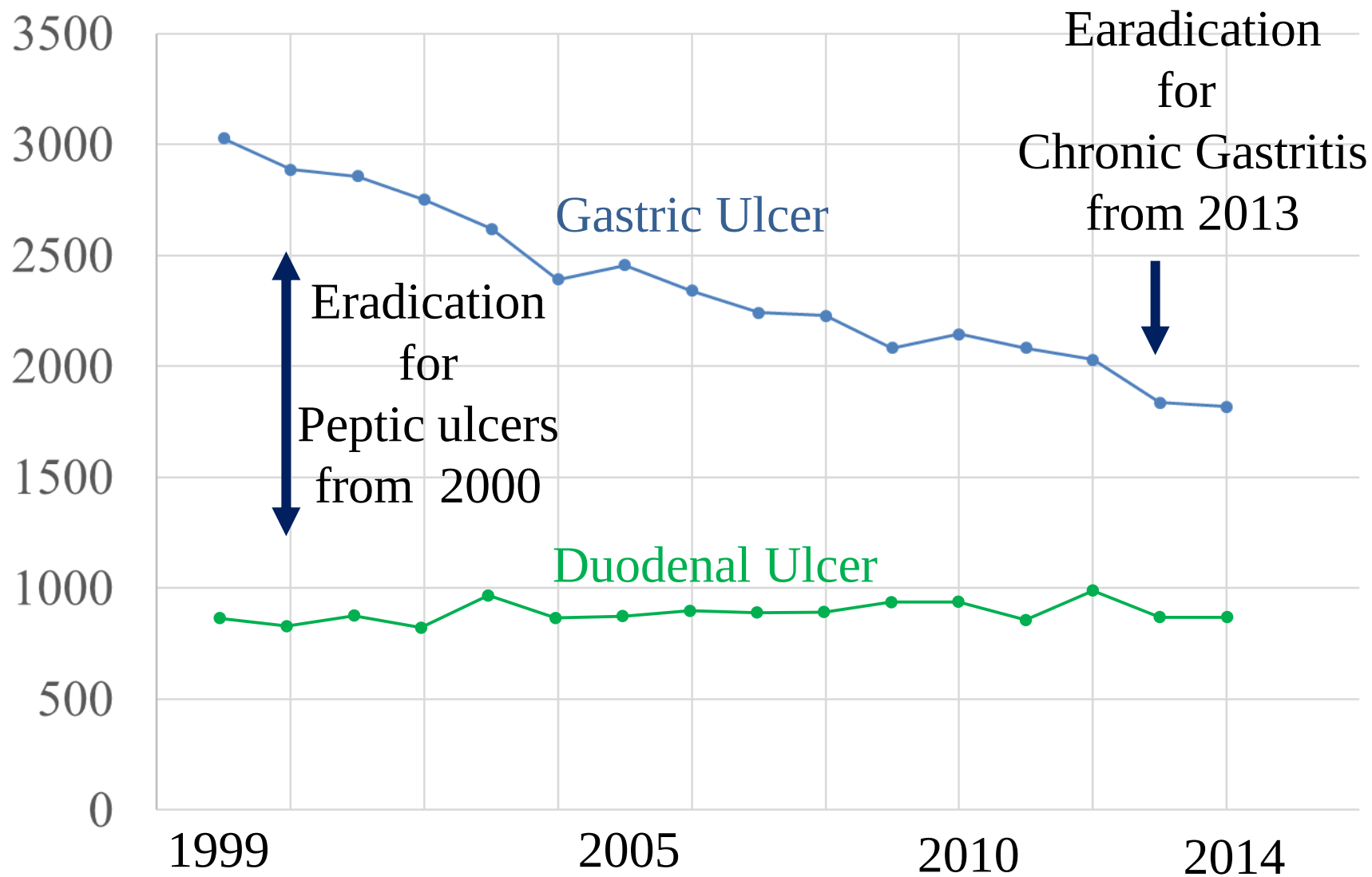
Factors	Wald	<i>p</i> value	Odds ratio (95 % CI)
Age	10.2	0.001	1.1 (1.0–1.1)
Delay >24 h	4.4	0.035	3.5 (1.1–11.3)
Active cancer	7.8	0.005	7.6 (1.8–31.7)
Albumin ≤ 37 g/l	5.6	0.018	4.1 (1.3–13.8)
Bilirubin >19 $\mu\text{mol/l}$	6.5	0.011	5.1 (1.5–18.2)
Creatinine >118 $\mu\text{mol/l}$	4.4	0.036	3.5 (1.1–11.1)

Adjusted for gender



Shift of the *Helicobacter pylori* infection in Japan

(Asaka et al.)



Number of People Died of Peptic Ulcers in Japan

Experimental Model for Production of Perforating Duodenal Ulcers by Cysteamine in the Rat

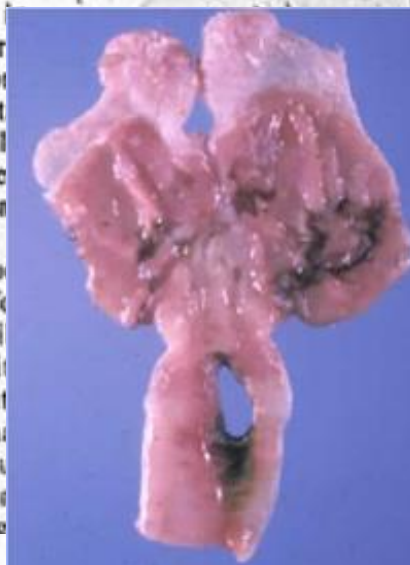
It has been found that combining glucocorticoids with one of the previous models, if any, the ulcers occur within a few days.

On the basis of their experimental results and the recent work of Robert Selye, subcutaneous histamine



itself or a particular ulcerogenic erosive agent. In the present experiment, the rats have little or no ulcer after a few days of healing.

the induction of ulcers developed for the first time, not readily reproduced, sensitive to treatment. Until now, it was thought that continuous administration of such a histamine



NATURE VOL. 244 AUGUST 17 1973

many of these studies sublethal and even lethal amounts were used, we could find no description of any duodenal lesions.

This work was supported in part by the Medical Research Council of Canada, the Ministère des Affaires Sociales, Quebec, and the Colonial Research Institute, Freeport, Bahamas. S. S. is a fellow of the Medical Research Council of Canada.

**HANS SELYE
SANDOR SZABO**

*Institut de Médecine et de
Chirurgie Expérimentales,
Université de Montréal,
Montréal 101, Québec*

Received May 11; revised June 25, 1973.



Fig. 6 Autoradiographical picture reveals that ^{35}S -Cyst. labelled cells are observed at mucosal layer after administration (30min.) ($\times 200$)

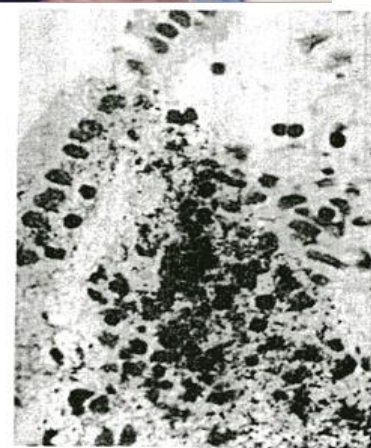
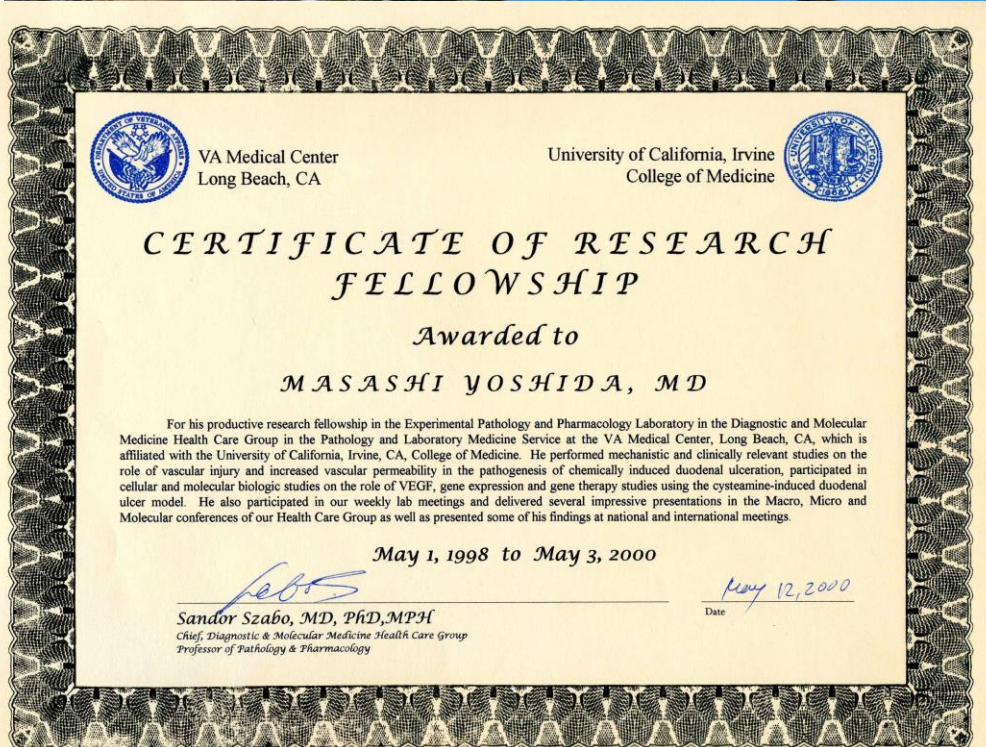


Fig. 9 Polymorphonuclear cells are observed around ^{35}S -Cyst. labelled cells (1hour) ($\times 400$)



May, 1998~ May, 2000



Duodenal ulcerogens:

Cysteamine-HCl (25mg/100g)

Propionitrile (10mg/100g)

1-methyl-4-phenyl-1,2,3,6-tetrahydropyridine (MPTP)-HCl (5mg/100g)

Control: Ethanolamine (ET),

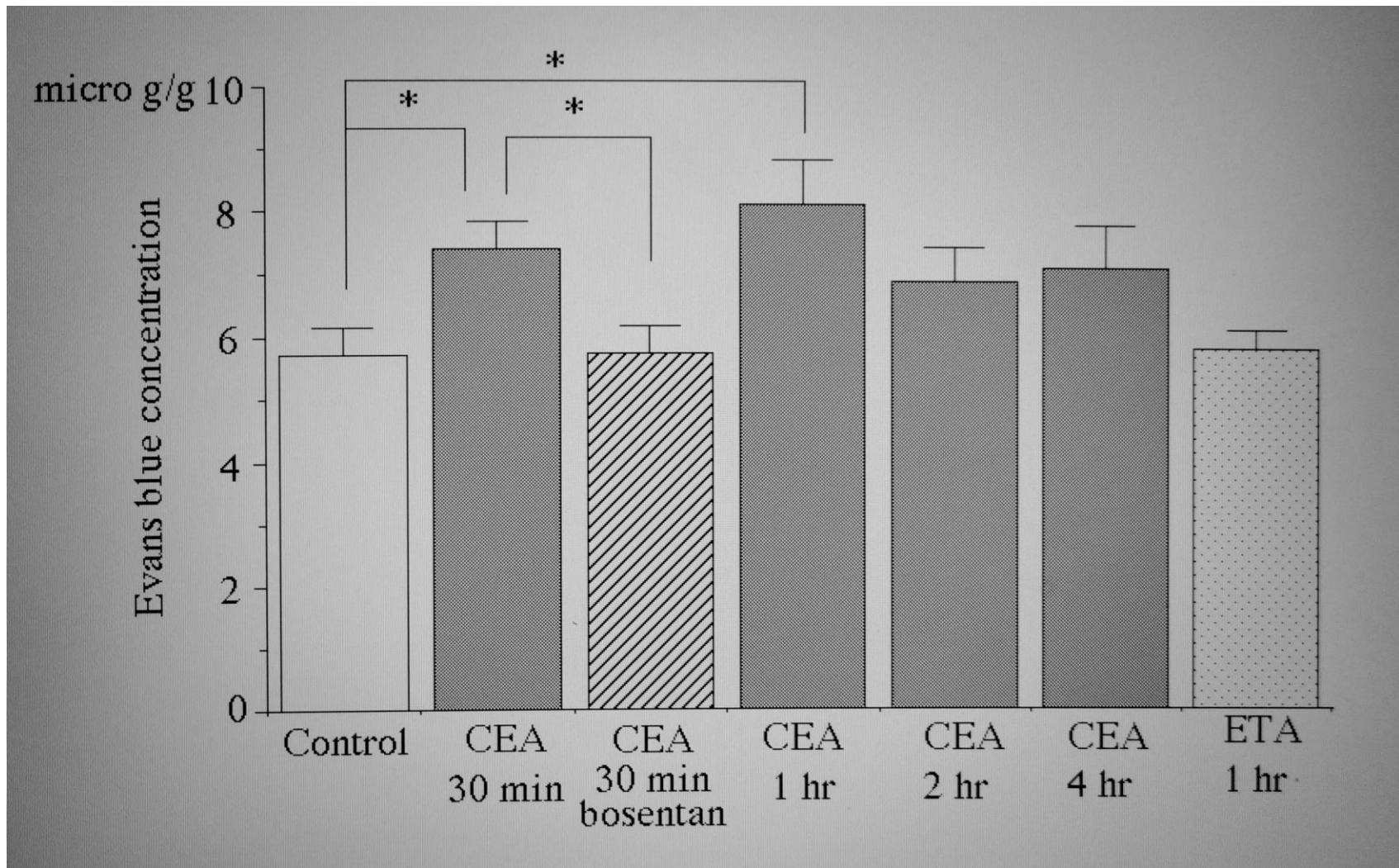
a non-ulcerogenic structural analogue of cysteamine

Pretreatments with endothelin (ET) A and B receptor antagonist,

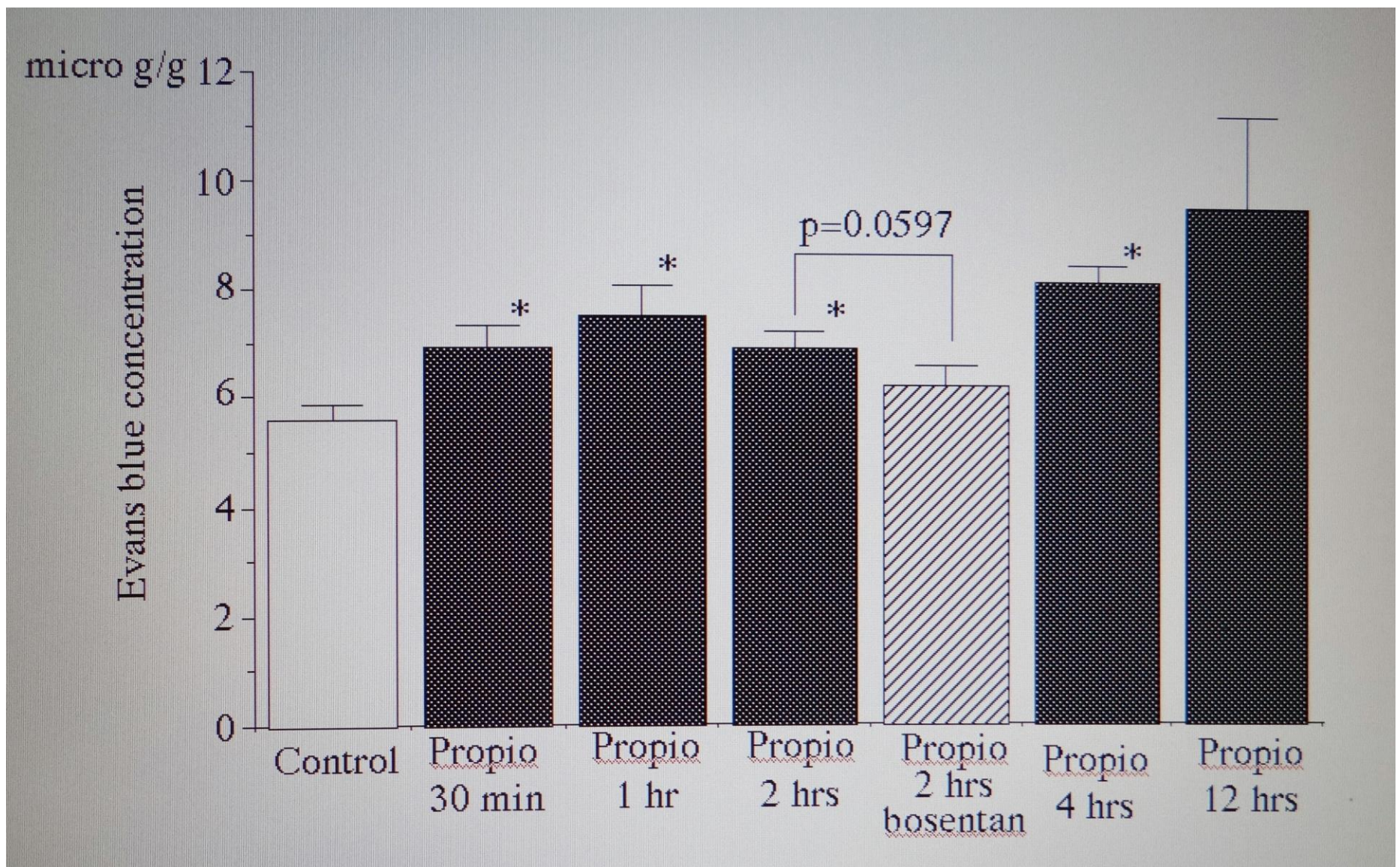
bosentan (10 mg/100g)

Evan's blue (1mg/100g) iv,

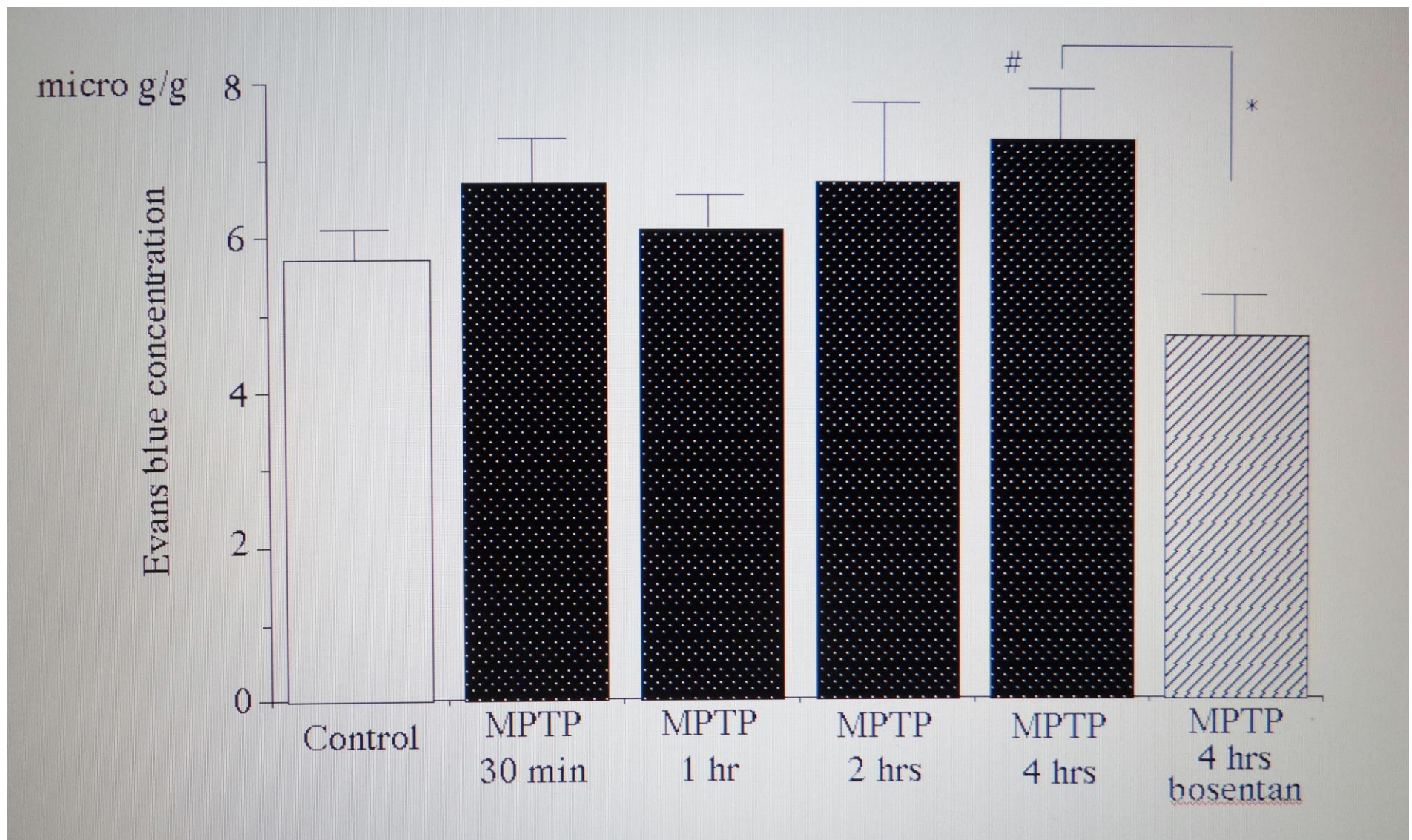
Mucosal concentration was measured spectrophotometrically



Effects of Cysteamine on Vascular permeability
of the duodenal mucosa



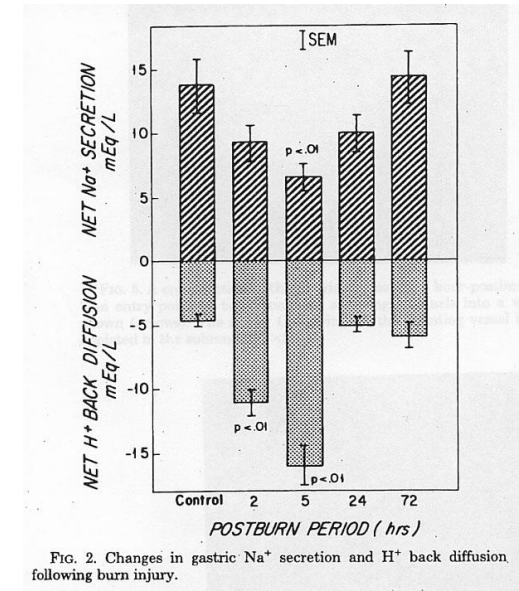
Effects of Propionitrile on Vascular permeability
of the duodenal mucosa



Effects of MPTP on Vascular permeability of the duodenal mucosa

Endotheline related duodenal vascular permeability increase may be a common element in the early phase of duodenal ulceration.

Stress: Burn injury to rat's back skin



0022-5282/78/1809-0644\$02.00/0

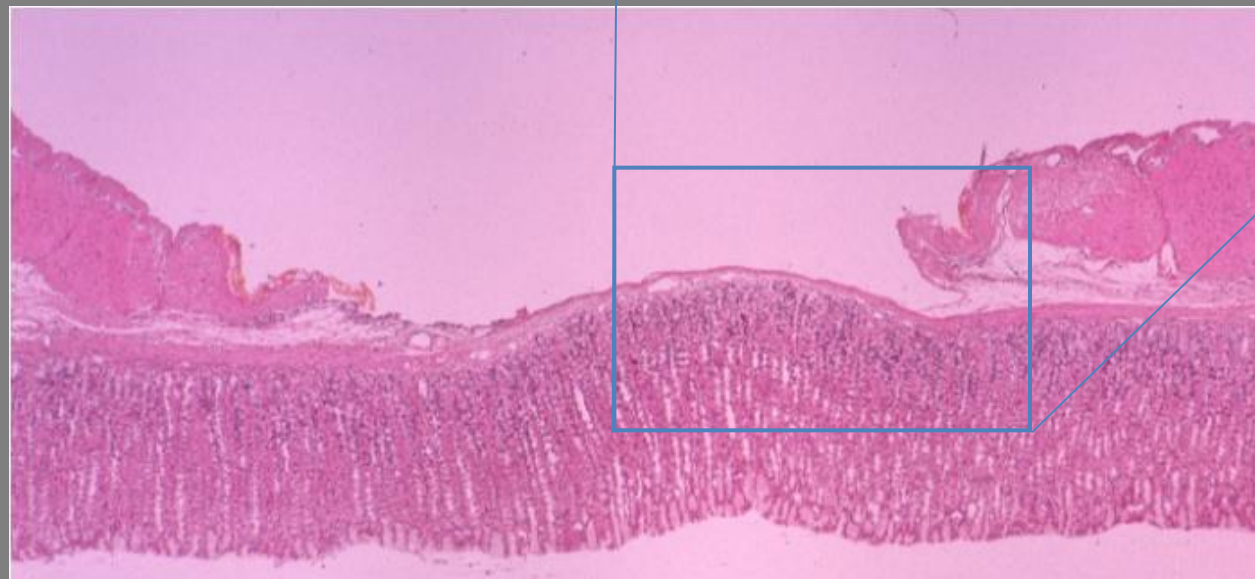
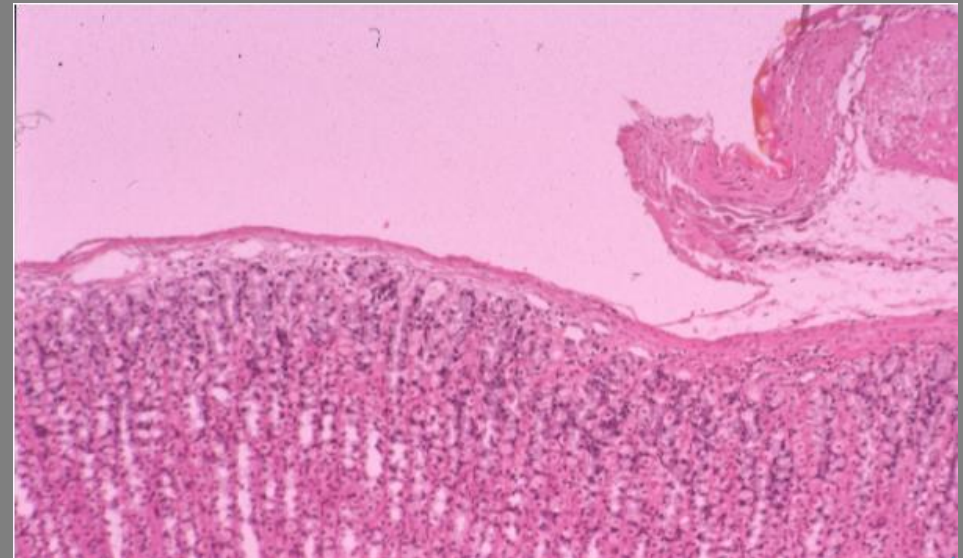
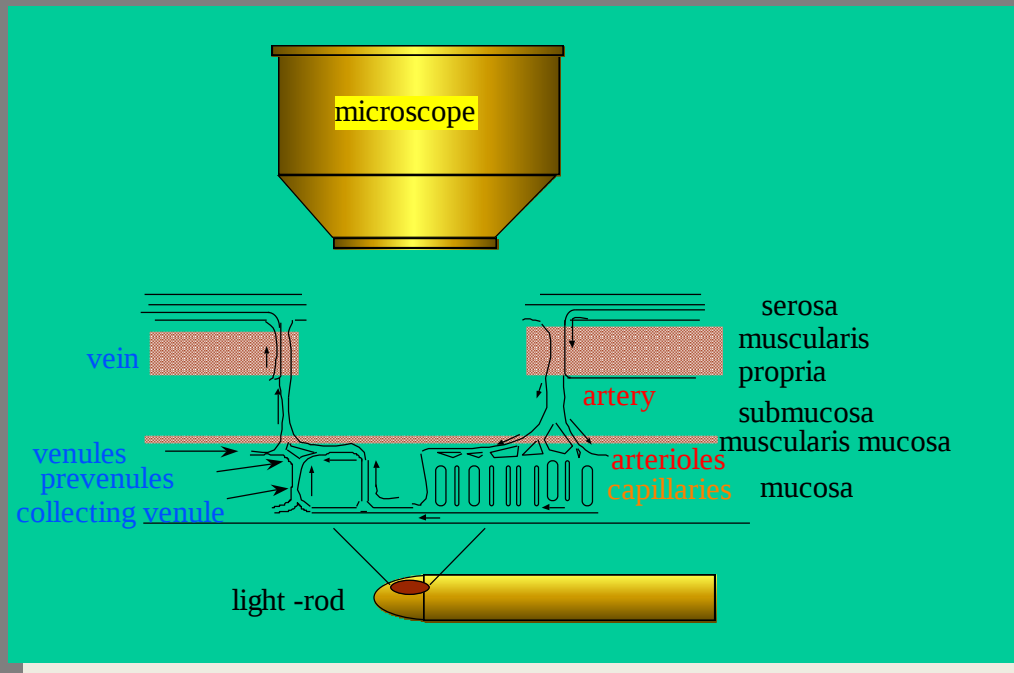
THE JOURNAL OF TRAUMA

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Vol. 18, No. 9
Printed in U.S.A.

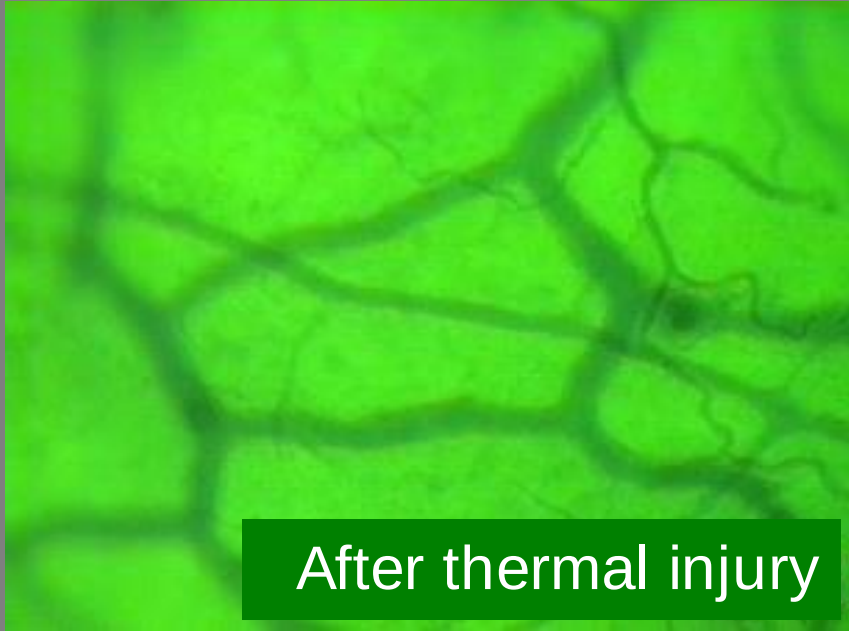
Gastric Mucosal Lesions After Burn Injury: Relationship to H⁺ Back-diffusion and the Microcirculation

MASAKI KITAJIMA, M.D., ROBERT R. WOLFE, Ph.D., ROBERT L. TRELSTAD, M.D., JOHN R. ALLSOP, M.D., AND JOHN F. BURKE, M.D.

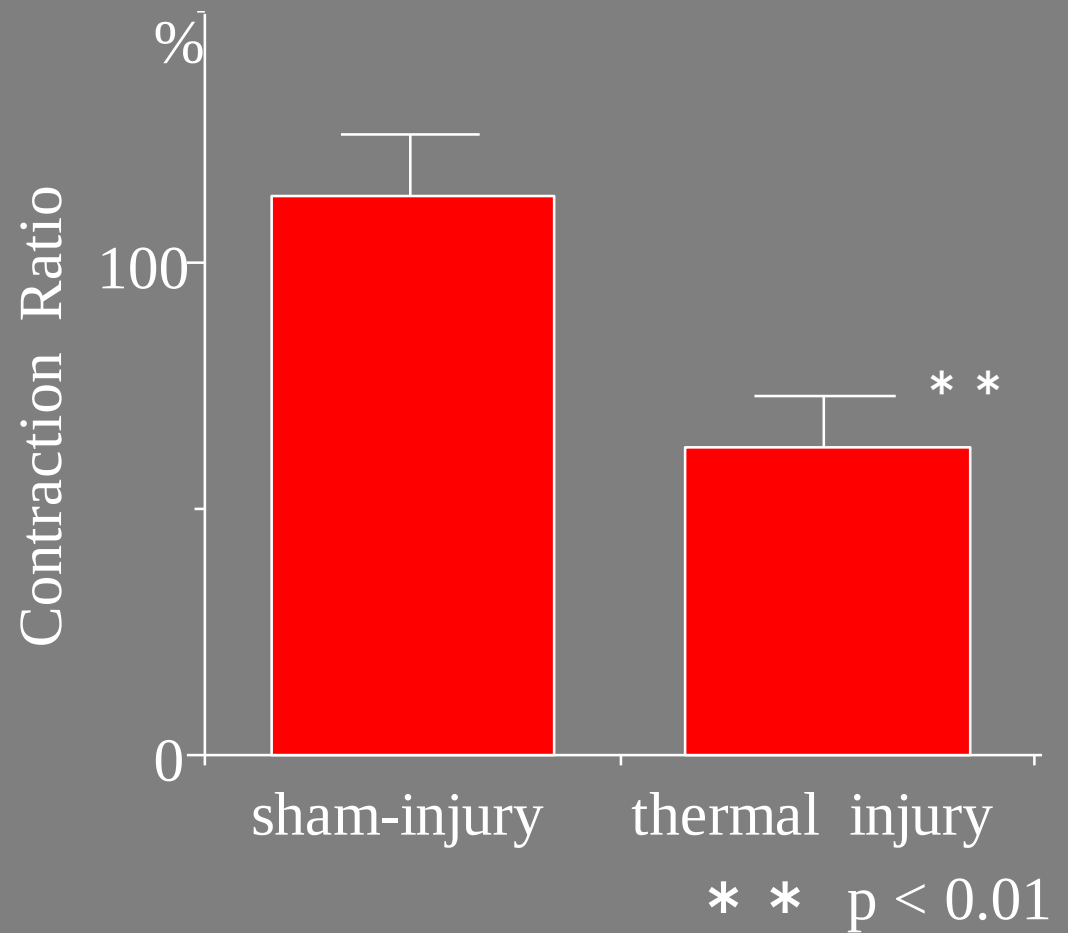




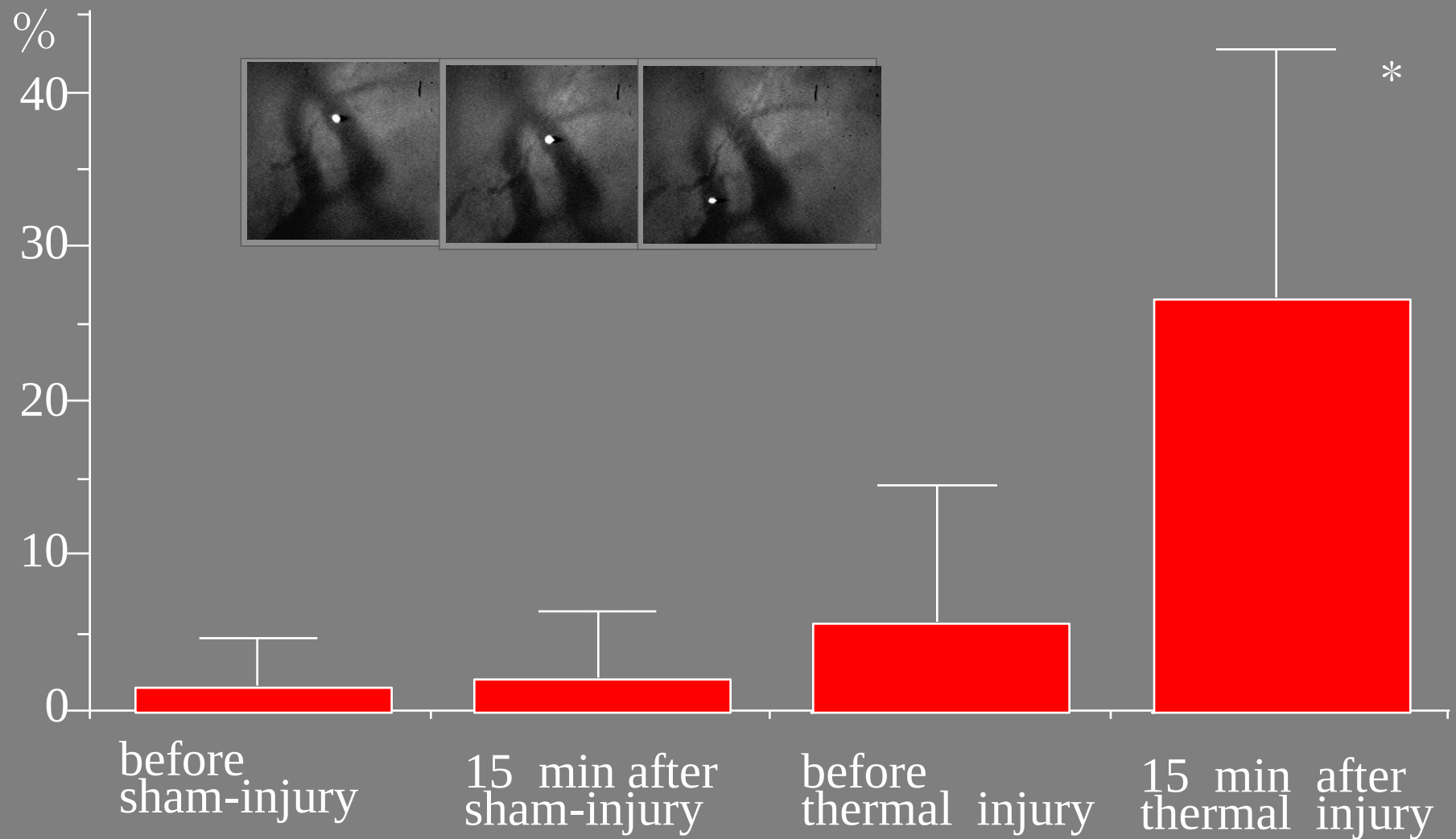
Before thermal injury



After thermal injury

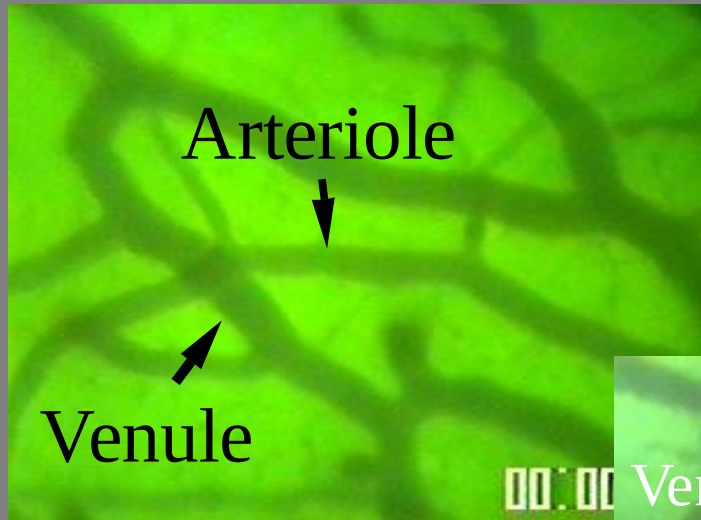


Arteriole contraction ratio
15 minutes after thermal injury

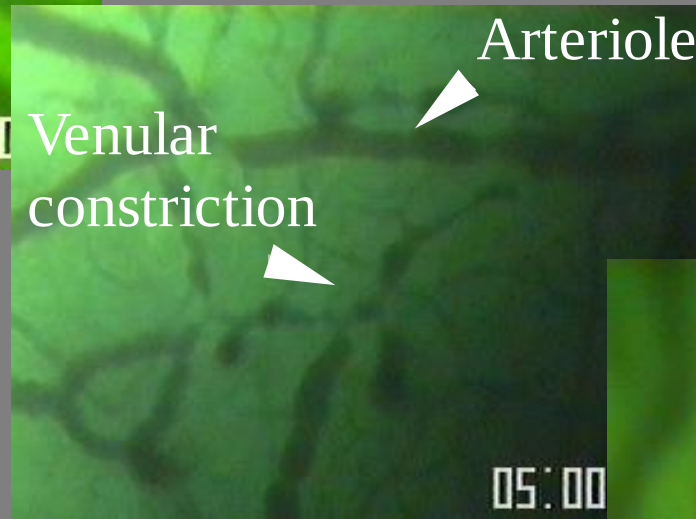


* $p < 0.05$ VS pre-thermal injury and 15 minutes post sham-injury.

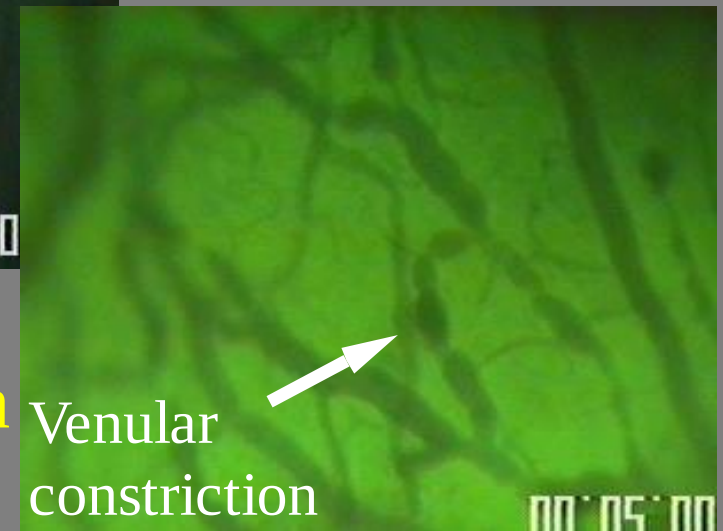
The percentage of rolling leukocytes in venules



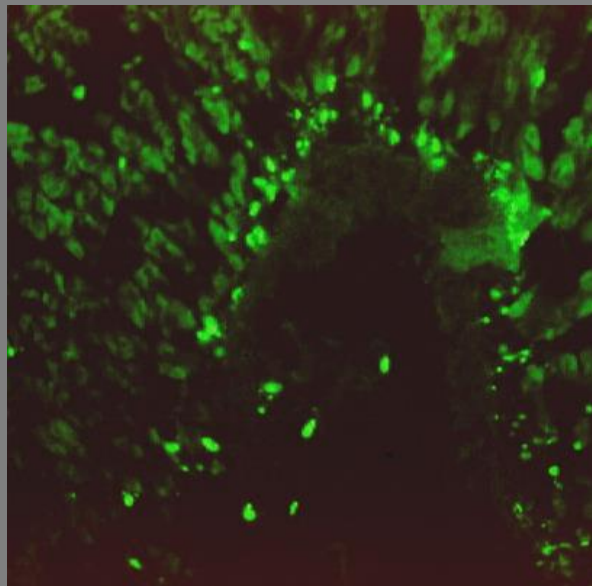
Control group



5-hr without
water resuscitation



5-hr with
water resuscitation



[Gastroenterology](#). 1985 Jan;88(1 Pt 2):228-36.

Early vascular injury and increased vascular permeability in gastric mucosal injury caused by ethanol in the rat.

[Szabo S](#), [Trier JS](#), [Brown A](#), [Schnoor J](#)

Abstract

The hypothesis that vascular injury contributes to the development of hemorrhagic erosions after intragastric administration of ethanol has been examined in the rat using vascular tracers. Extravasation of intravenously injected Evans blue into the gastric wall and into gastric contents was used as an indicator of vascular permeability. India ink and monastral blue, which label damaged blood vessels, were used to demonstrate vascular injury morphologically. Intragastric instillation of 75% and 100% ethanol induced increased vascular permeability within 1-3 min and resulted in monastral blue labeling of vessels in 13% and 17%, respectively, of the glandular mucosa within 1 min. After 1 h of 100% ethanol exposure, the areal density of monastral blue-stained blood vessels did not increase compared with that seen at 1 min, but the areal density of grossly visible hemorrhagic lesions increased strikingly and approximated that of vessel staining. The hemorrhagic erosions consistently occurred in regions of glandular mucosa where vessels were stained with monastral blue. Pretreatment with prostaglandin F₂ beta or cysteamine reduced ethanol-induced Evans blue extravasation and monastral blue staining of mucosal blood vessels but did not reduce histologic evidence of gastric surface cell damage in the glandular mucosa. As increased vascular permeability and morphologically detectable vascular lesions consistently preceded the development of grossly visible hemorrhagic erosions in the glandular mucosa, we suggest that vascular injury is an early pathogenetic factor in the development of ethanol-induced gastric hemorrhagic erosions. The data also indicate that the degree of vascular damage, unlike the injury to surface epithelial cells, is reduced by pretreatment with prostaglandin F₂ beta or the sulfhydryl cysteamine.

Endotheline related duodenal vascular permeability increase may be a common element in the early phase of duodenal ulceration.

(Endotheline related) gastric vascular permeability increase was also observed in a stress induced gastric mucosal injury model.

Vascular permeability increase may be a common element in the early phase of mucosal injury.

Indocyanine Green Fluorescence Guided Surgery

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Department of Surgical Research and Techniques,
Medical Faculty, Semmelweis University

Professor,
Department of Surgery,
International University of Health and Welfare Hospital,
Tochigi, Japan



White light mode

Full color



Spy mode

Fluorescence



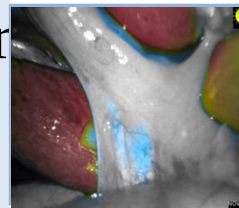
PINPOINT mode

Full color

+

Fluorescence

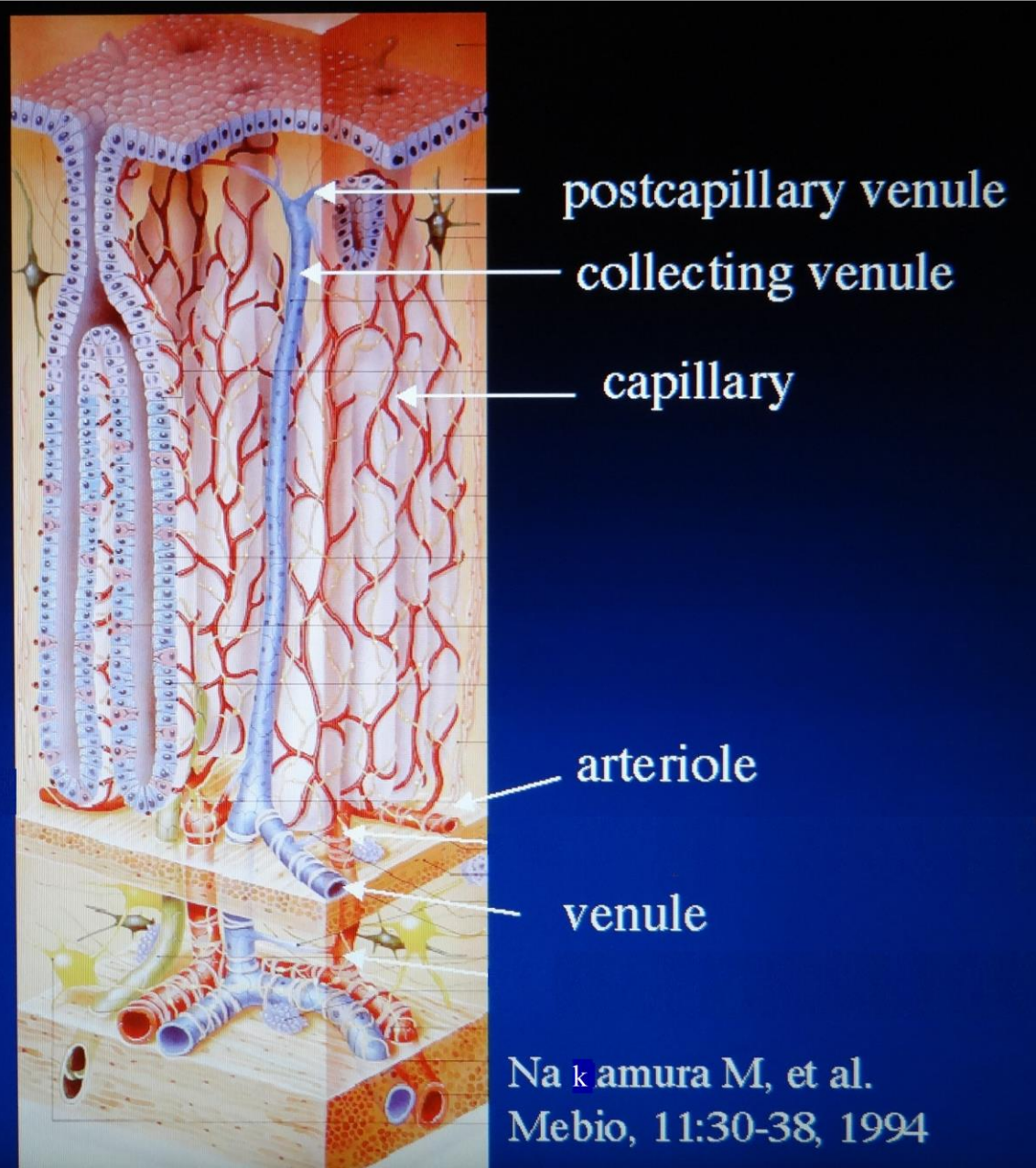
It was pre
approved by



Colorized mode

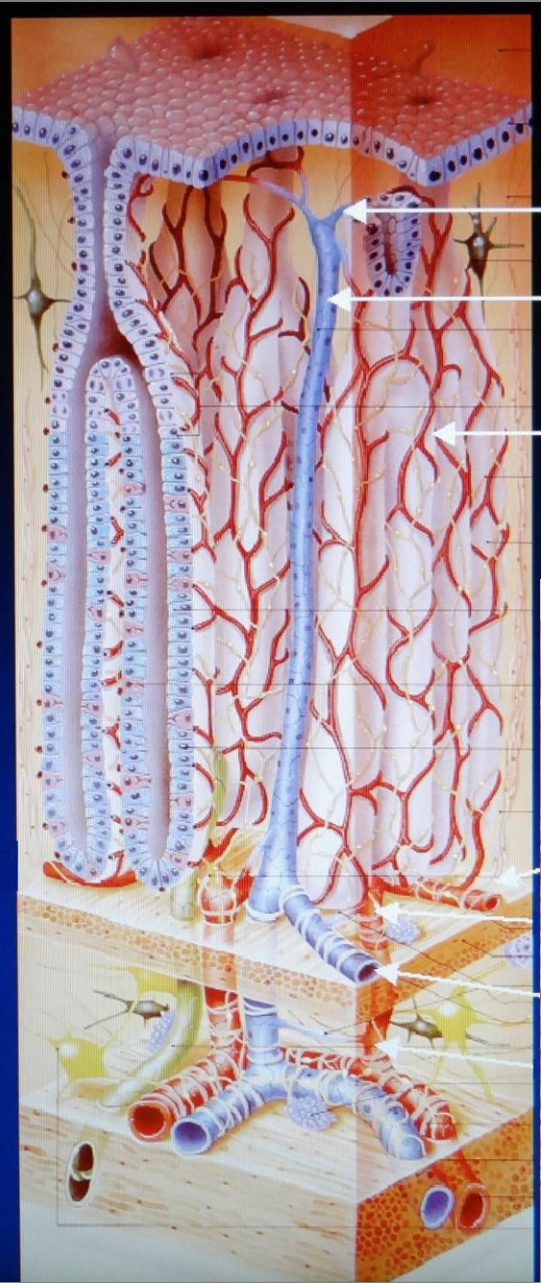
To confirm blood flow





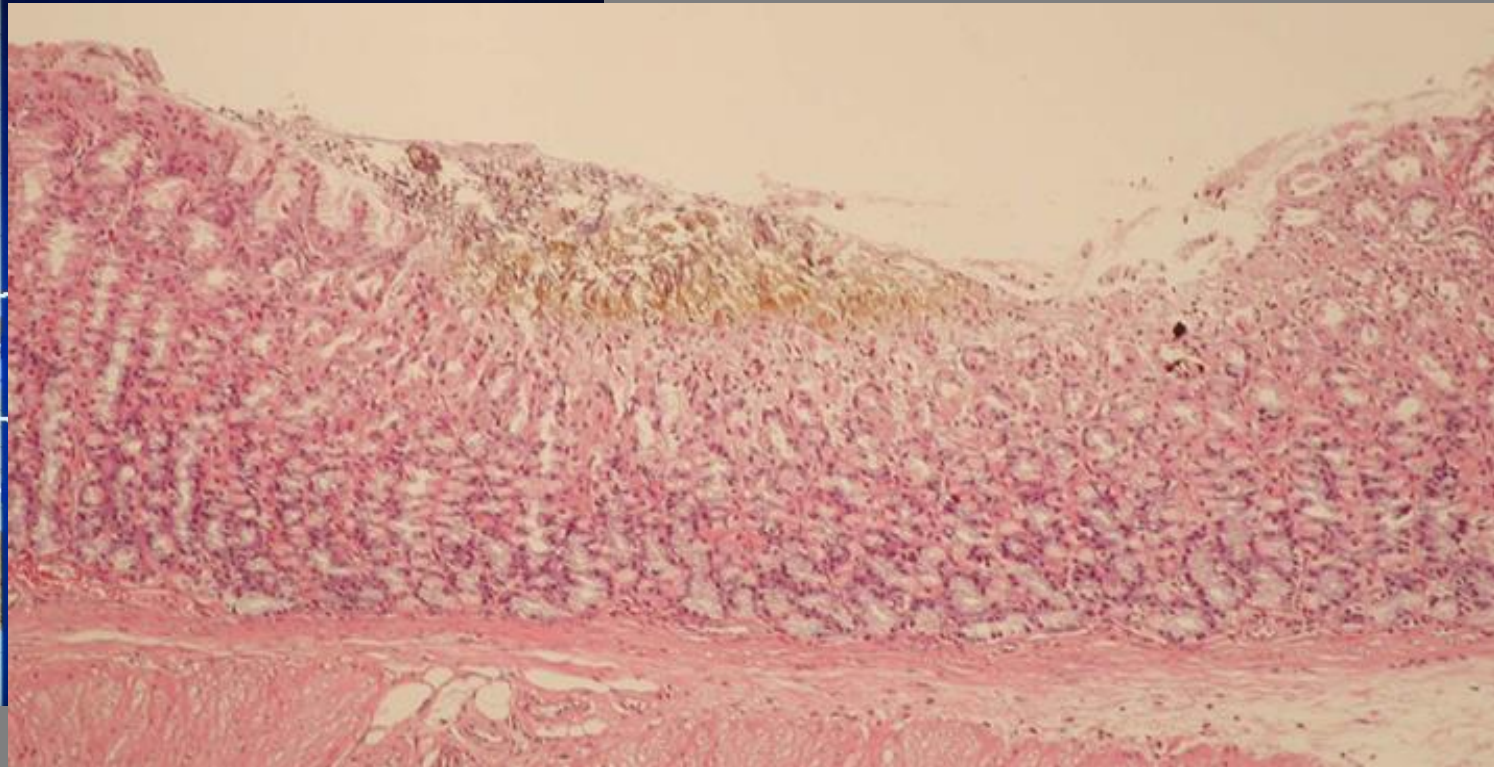
"The mucosal venules connected with the mucosal capillary network only at, or very close to, the luminal surface of the cast and passed through the mucosa without receiving further tributaries, i.e. **all mucosal capillary blood must drain via vessels close to the stomach lumen**".

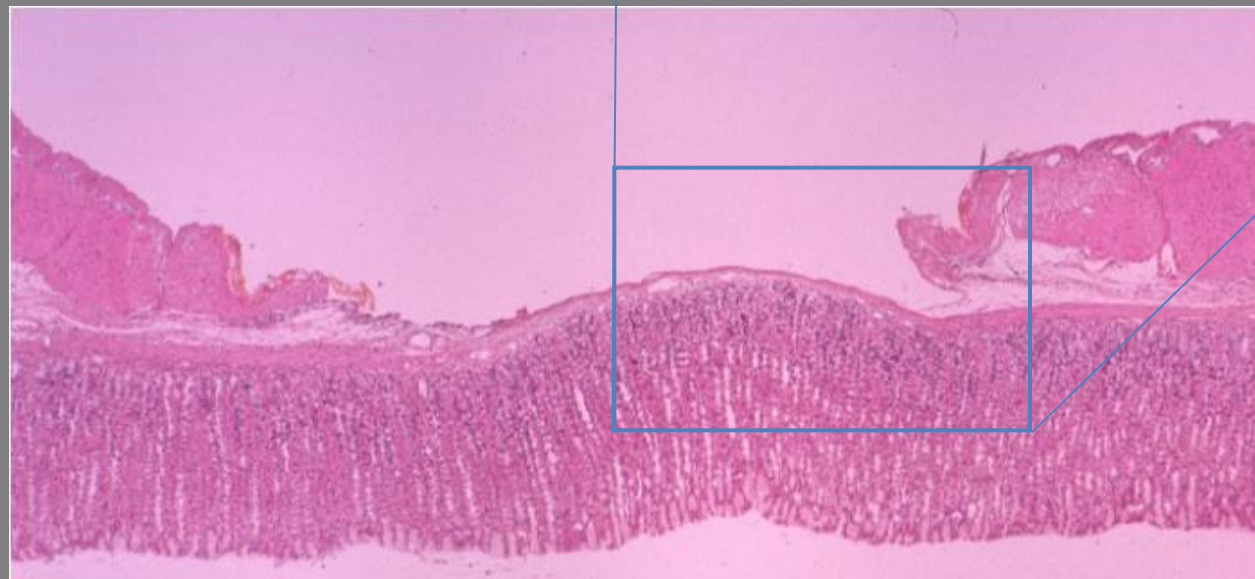
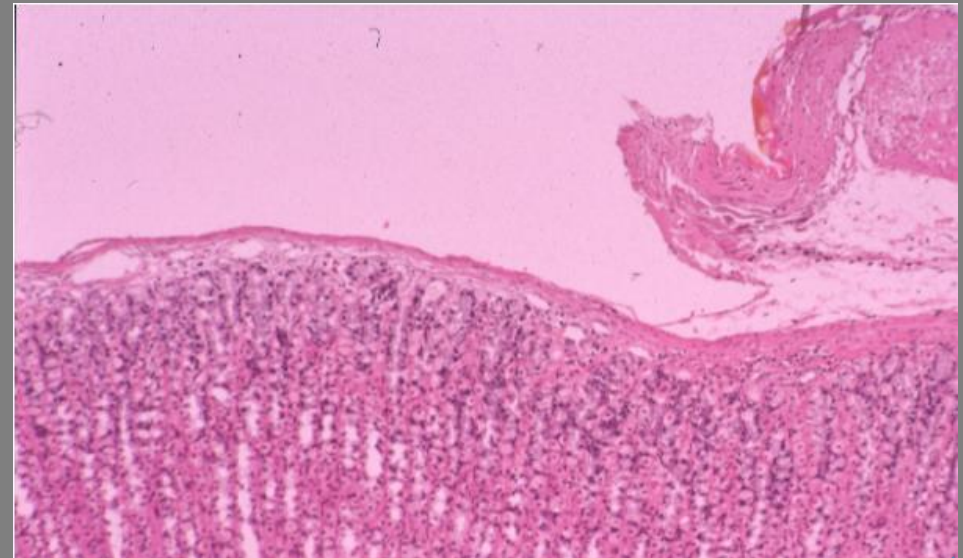
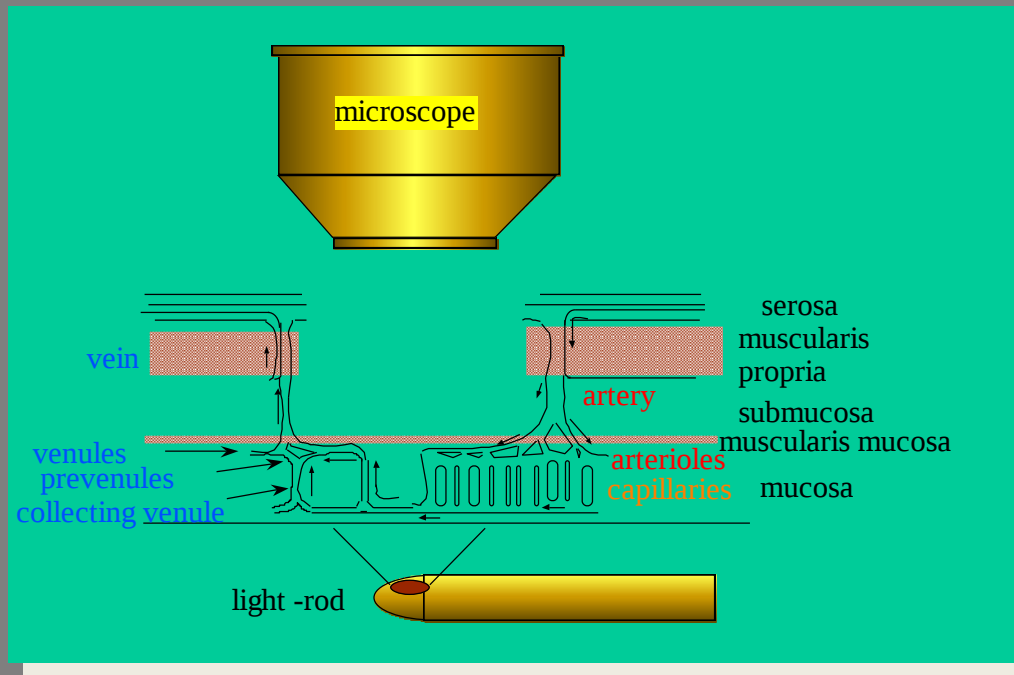
Gannon B, et al. J Anat
135:667-683, 1982.



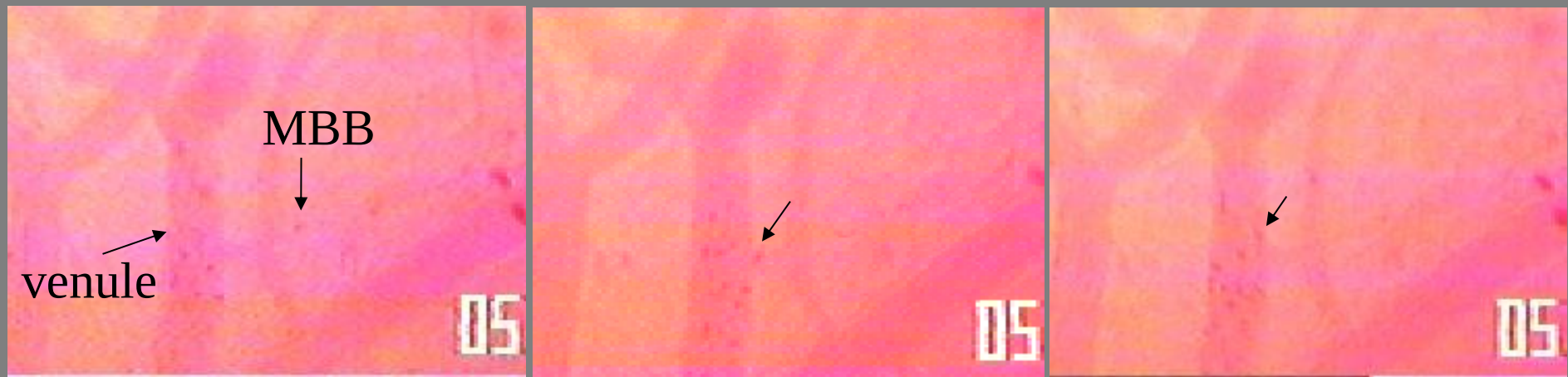
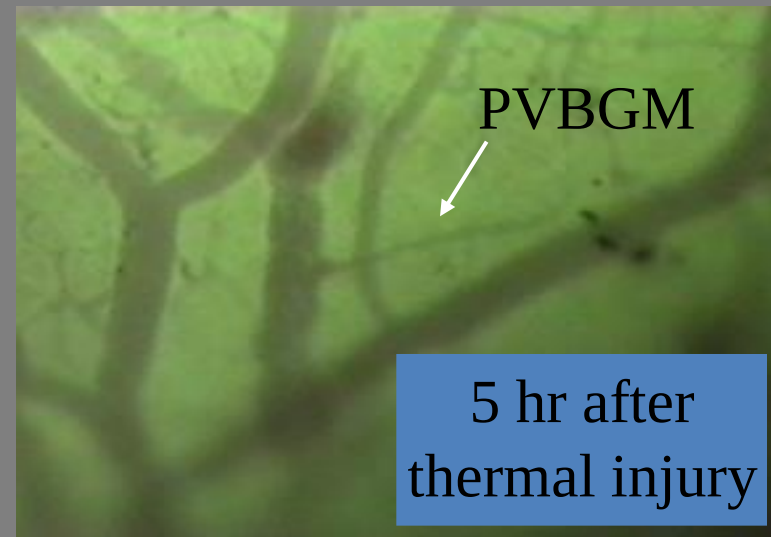
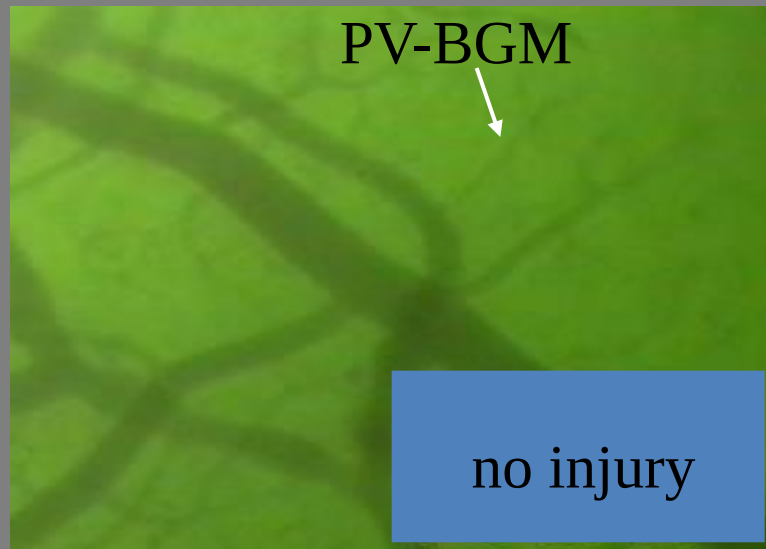
"The mucosal venules connected with the mucosal capillary network only at, or very close to, the luminal surface of the cast and passed through the mucosa without receiving further tributaries, i.e. **all mucosal capillary blood must drain via vessels close to the stomach lumen** “.

Gannon B, et al. J Anat 135:667-683, 1982.

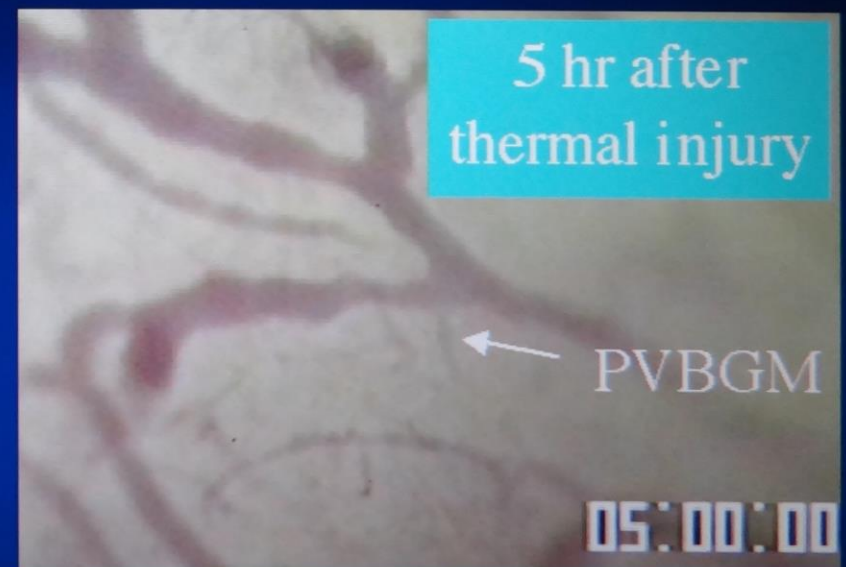
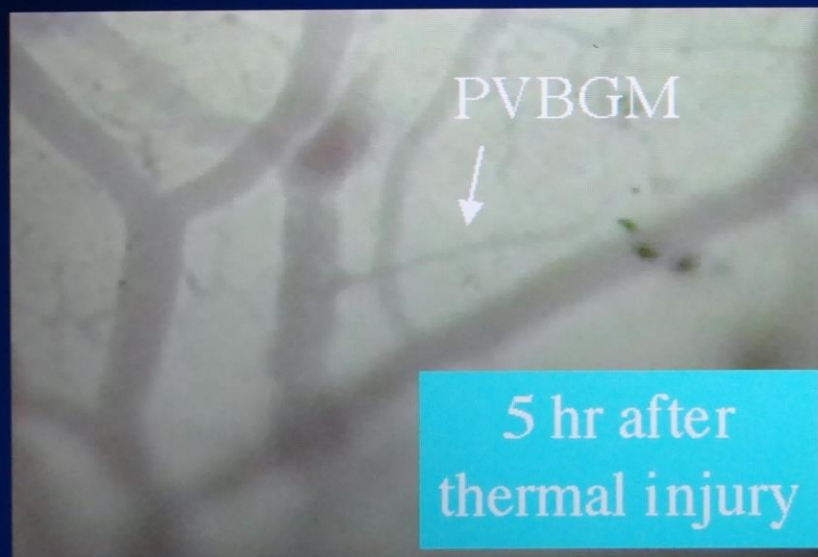
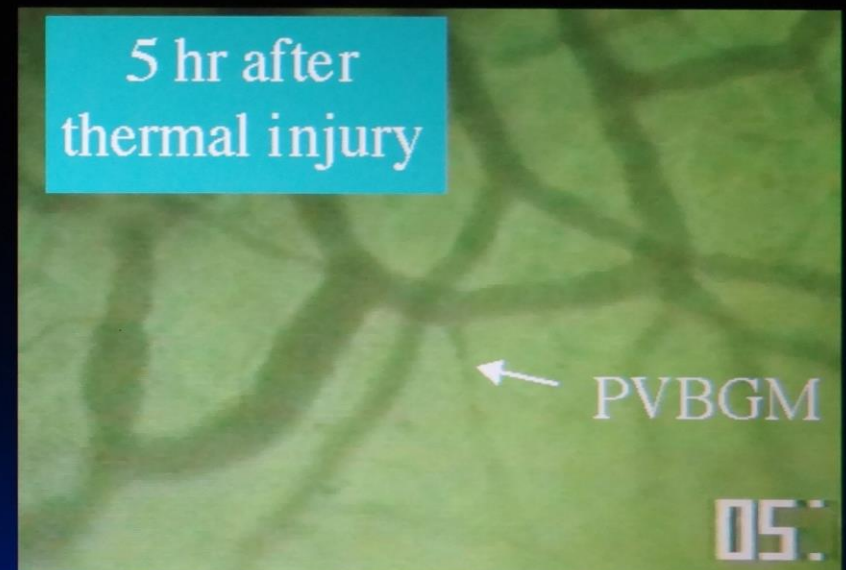
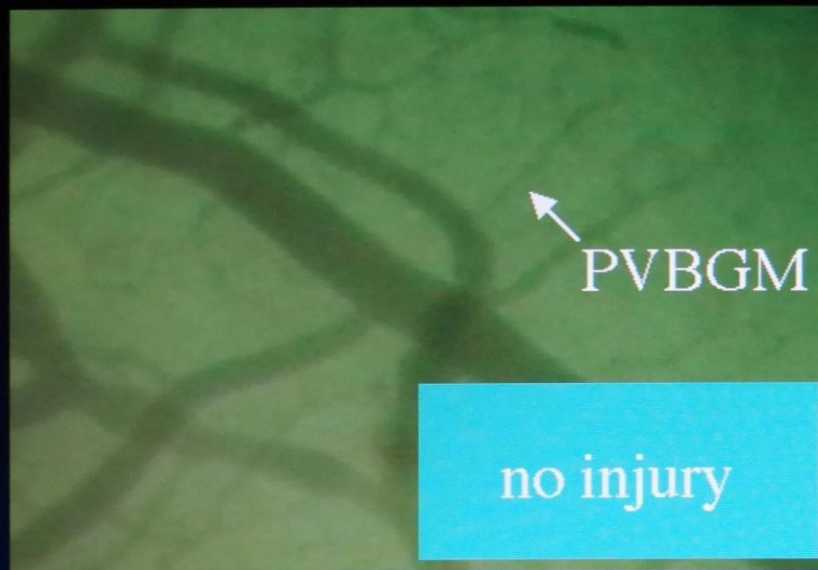


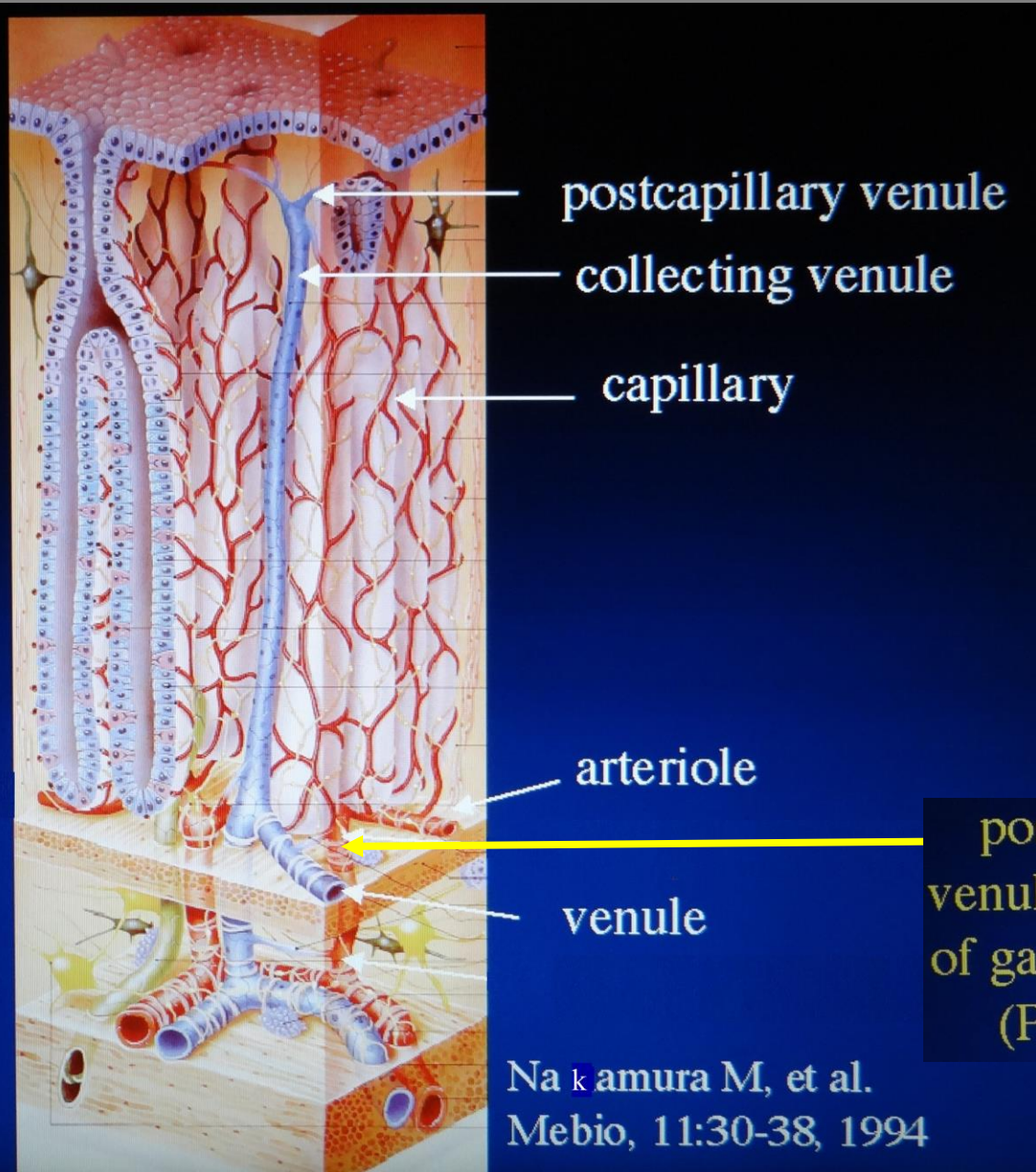


Postcapillary venule at the base of gastric mucosa (PV-BGM)



Postcapillary venule at the base of gastric mucosa (PVBGM)

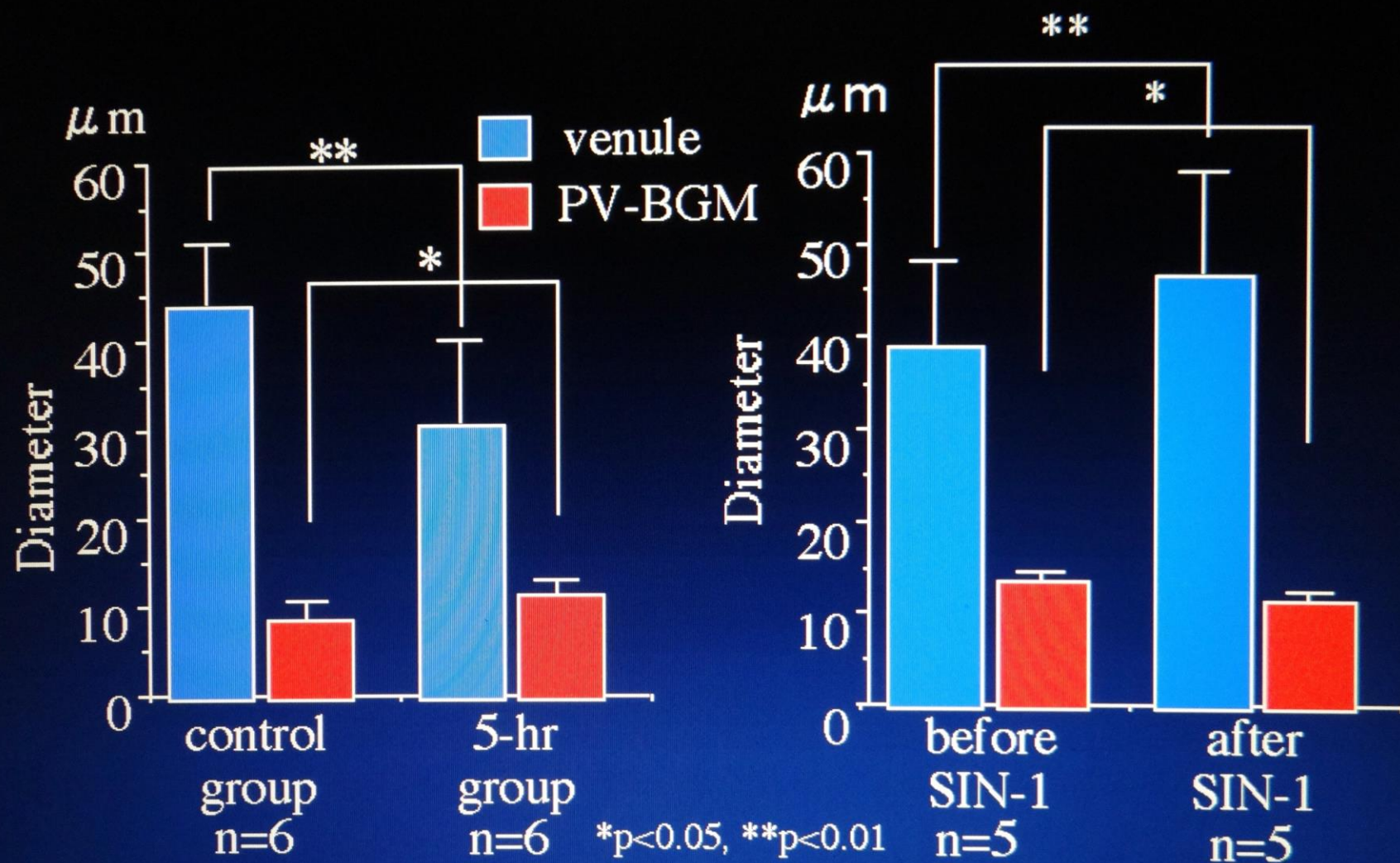




"The mucosal venules connected with the mucosal capillary network only at, or very close to, the luminal surface of the cast and passed through the mucosa without receiving further tributaries, i.e. **all mucosal capillary blood must drain via vessels close to the stomach lumen**".

Gannon B, et al. J Anat 135:667-683, 1982.

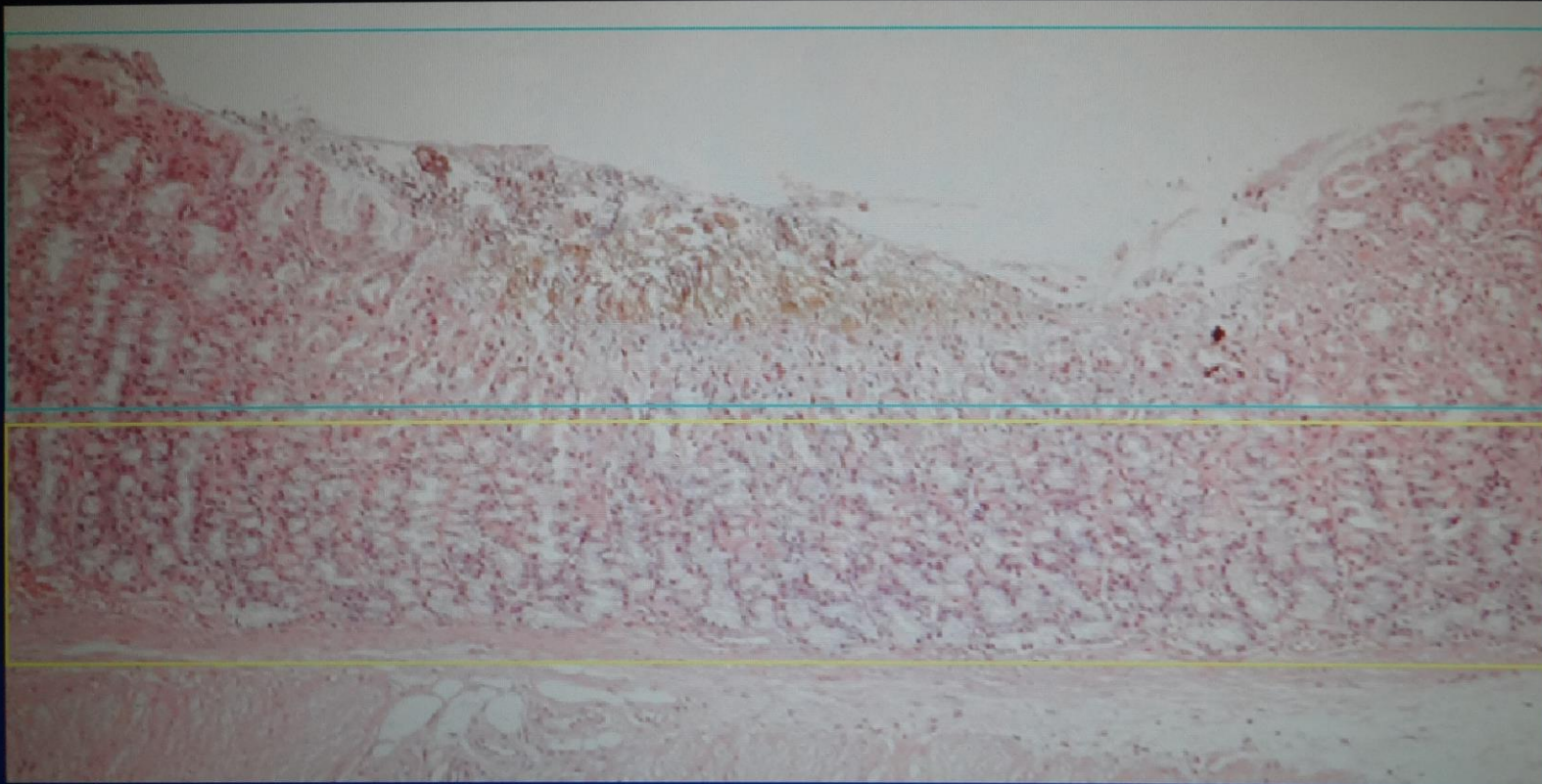
A part of capillary blood can drain via vessels close to the base of the stomach.



Diameter of the venule and the PV-BGM

A possible defensive mechanism in the basal region of the gastric mucosa

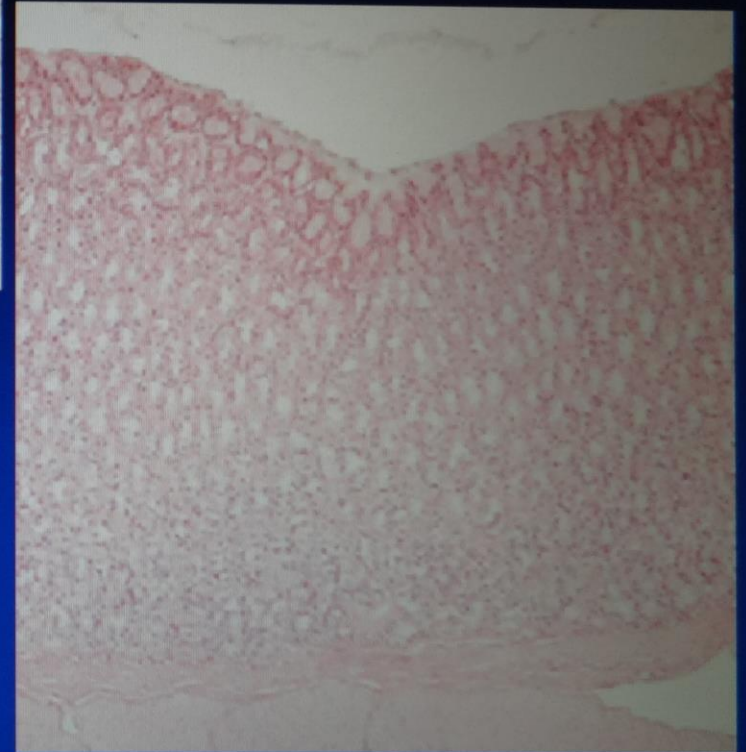
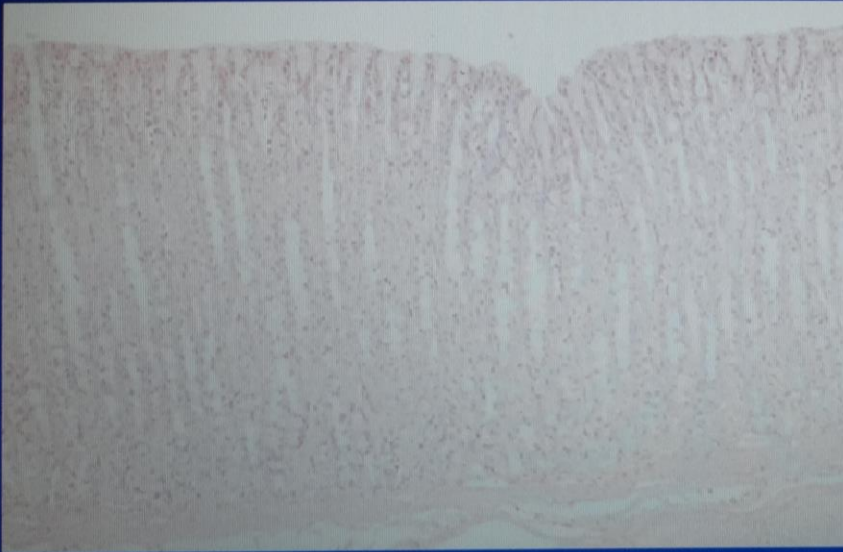
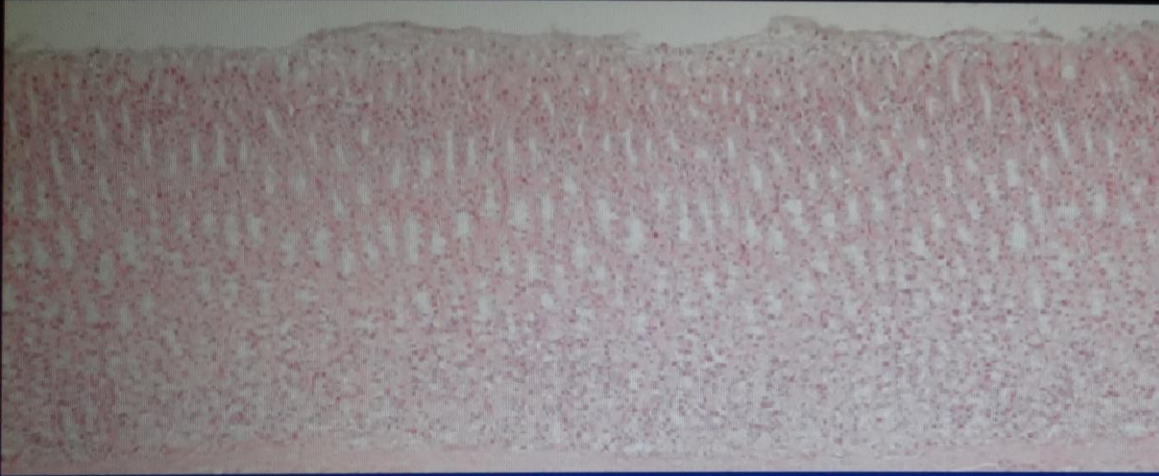
5 hr after thermal injury



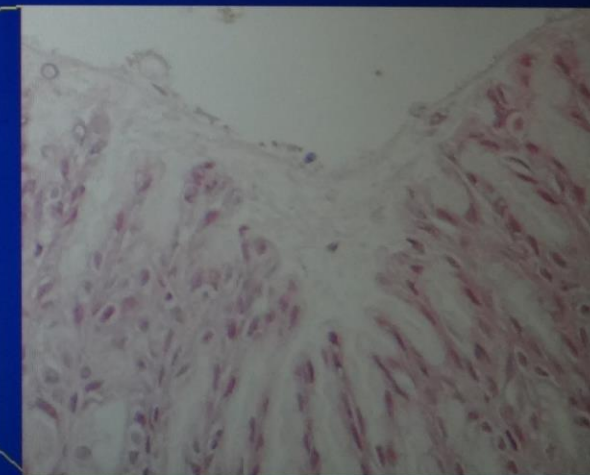
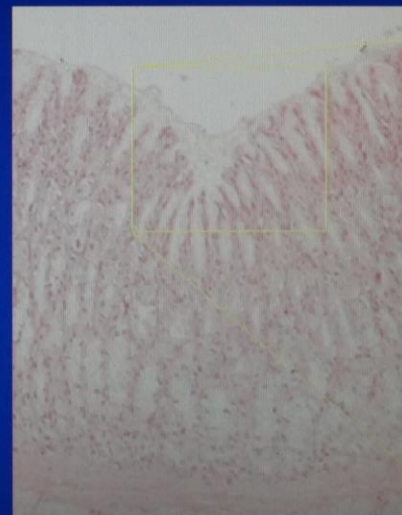
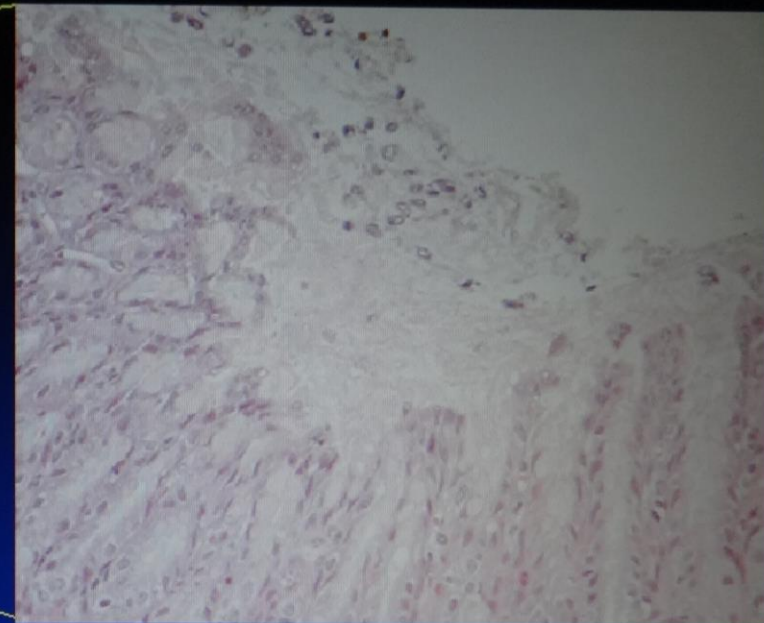
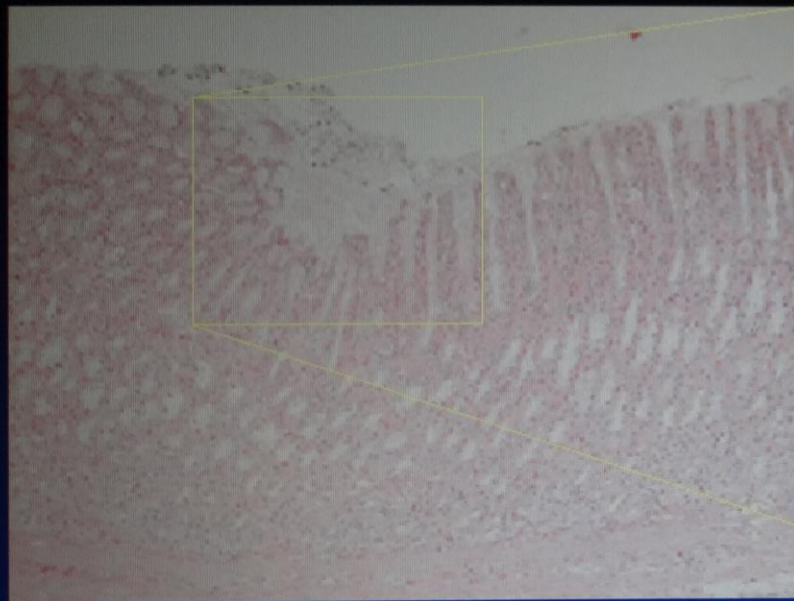
ischemia

protected

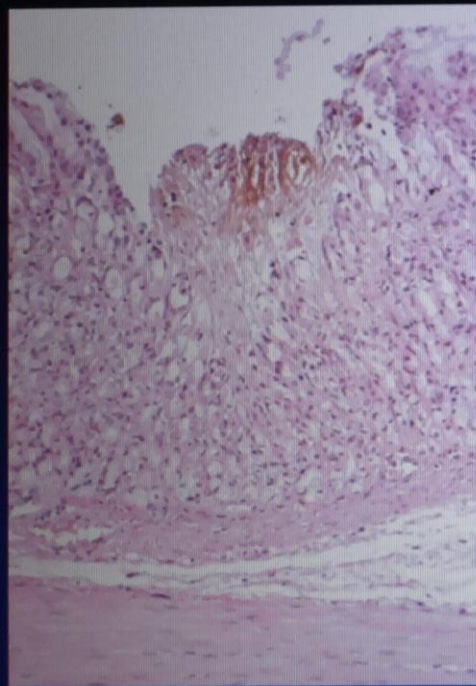
Saline group 72 hours after thermal injury



Anti-VEGF group 72 hr after thermal injury



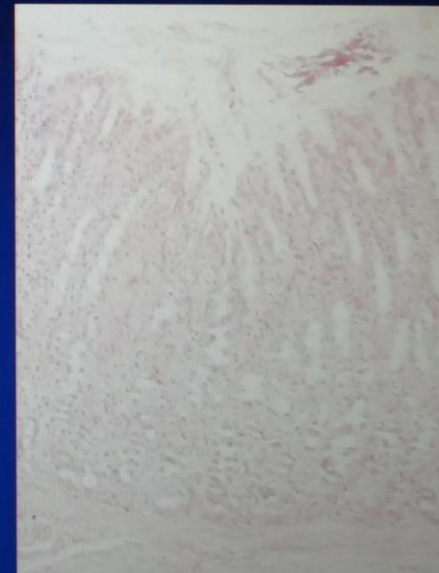
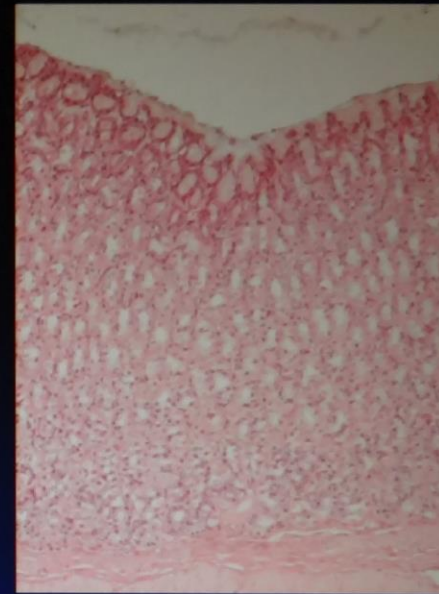
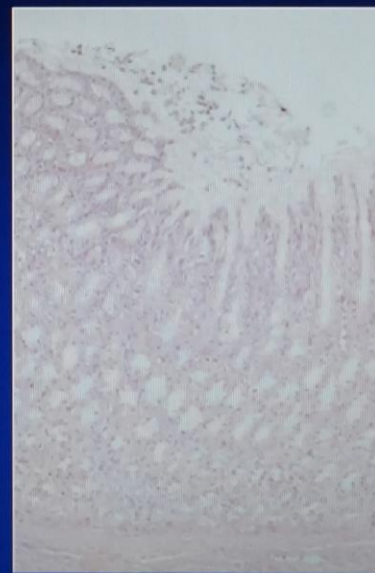
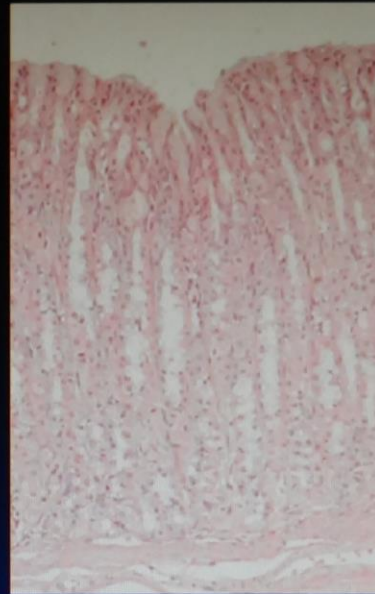
Effect of anti-VEGF antibody on healing of gastric erosions



5 hr after
thermal injury

saline or
normal
goat IGG
i.v.

anti-VEGF
antibody
i.v.



erosion
2/6
exudative
lesion
0/6

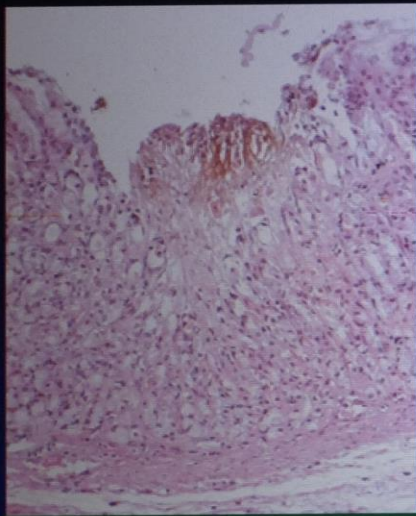
erosion
6/6[#]
exudative
lesion
5/6*

* $p < 0.05$
[#] $p = 0.06$

72 hr after thermal injury

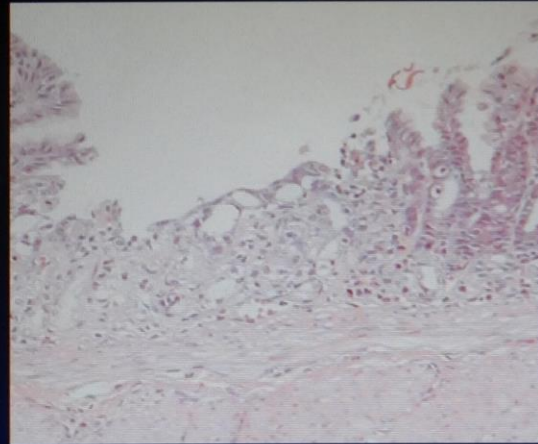
Possible effect of anti-VEGF antibody on development of gastric ulcer

saline or normal
goat IGG i.v.

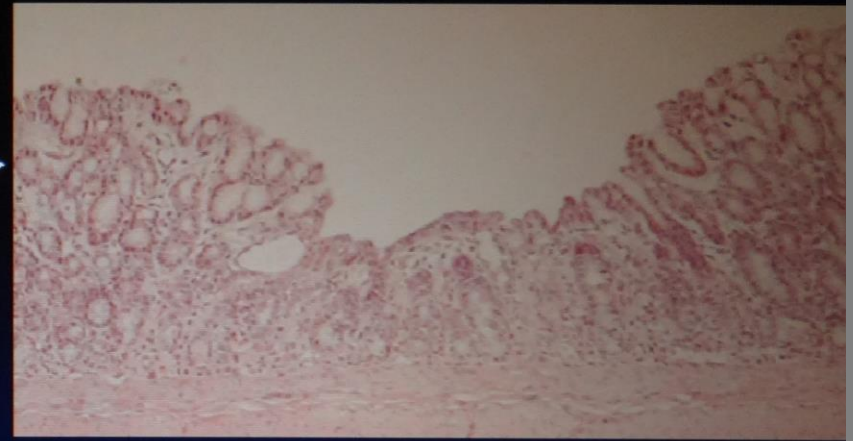


**5hr after
thermal injury**

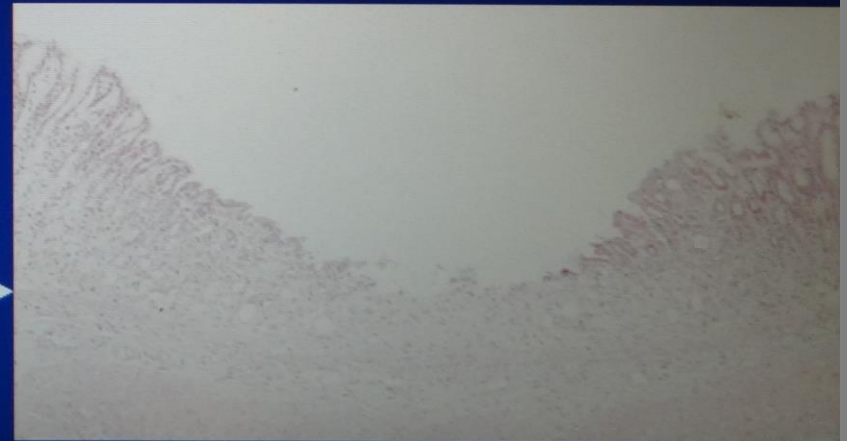
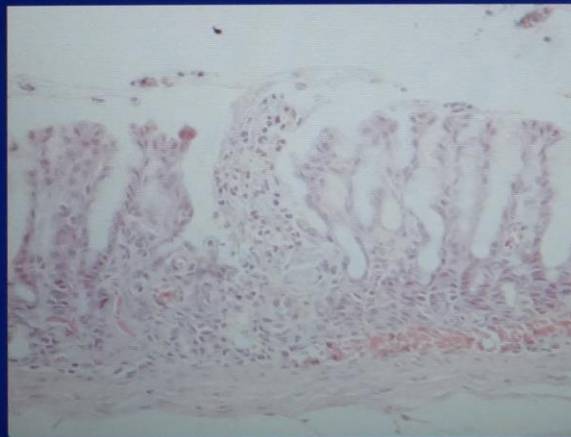
anti-VEGF
antibody i.v.



**24 hr after
thermal injury**



**72 hr after
thermal injury**



ischemia

Stress

healing

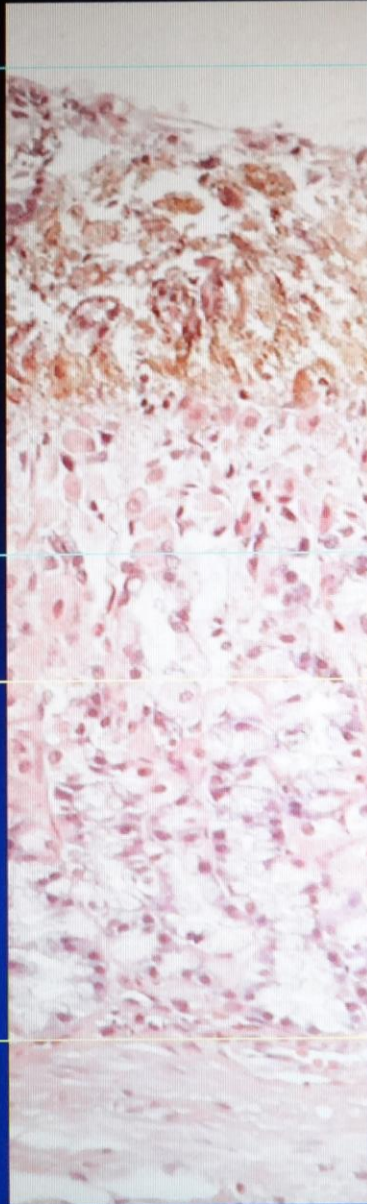
Stress+ factors

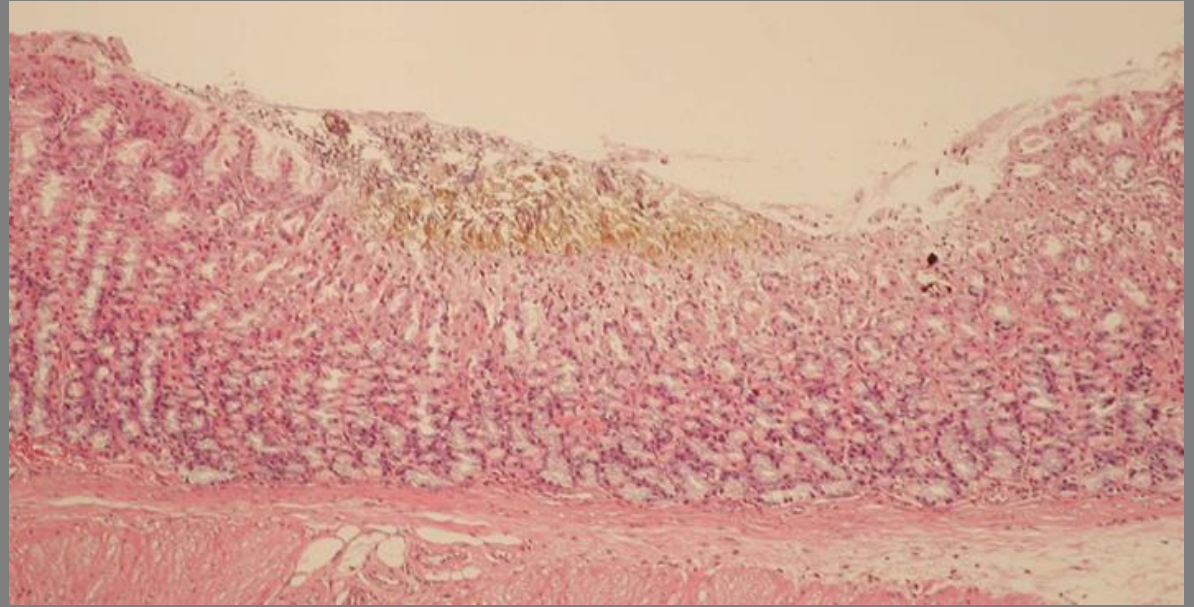
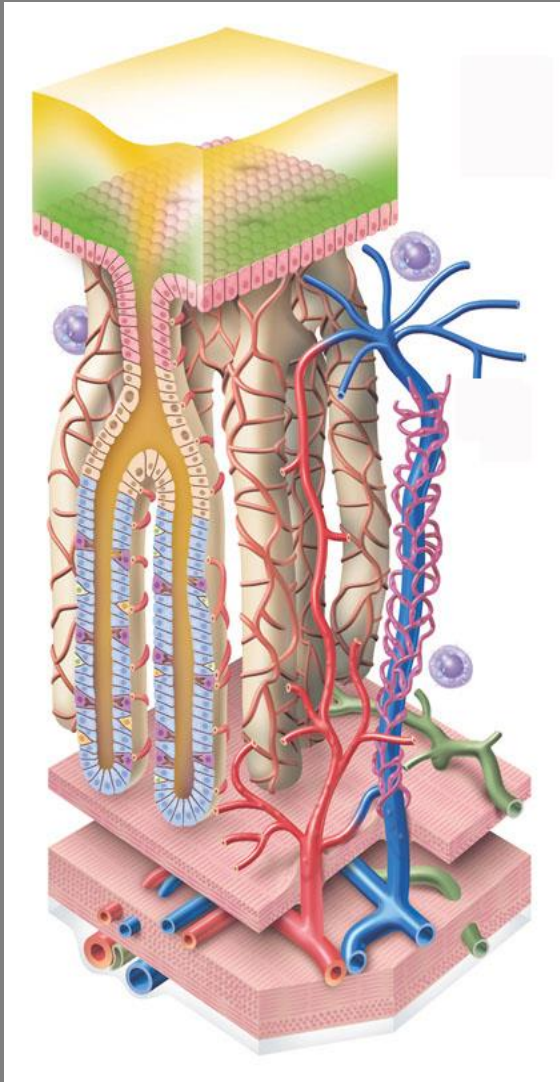
Disruption of
the defensive
mechanisms
at the base of
gastric mucosa

acid, HP,
NSAID,
steroids
mucosal barrier zone

delayed healing

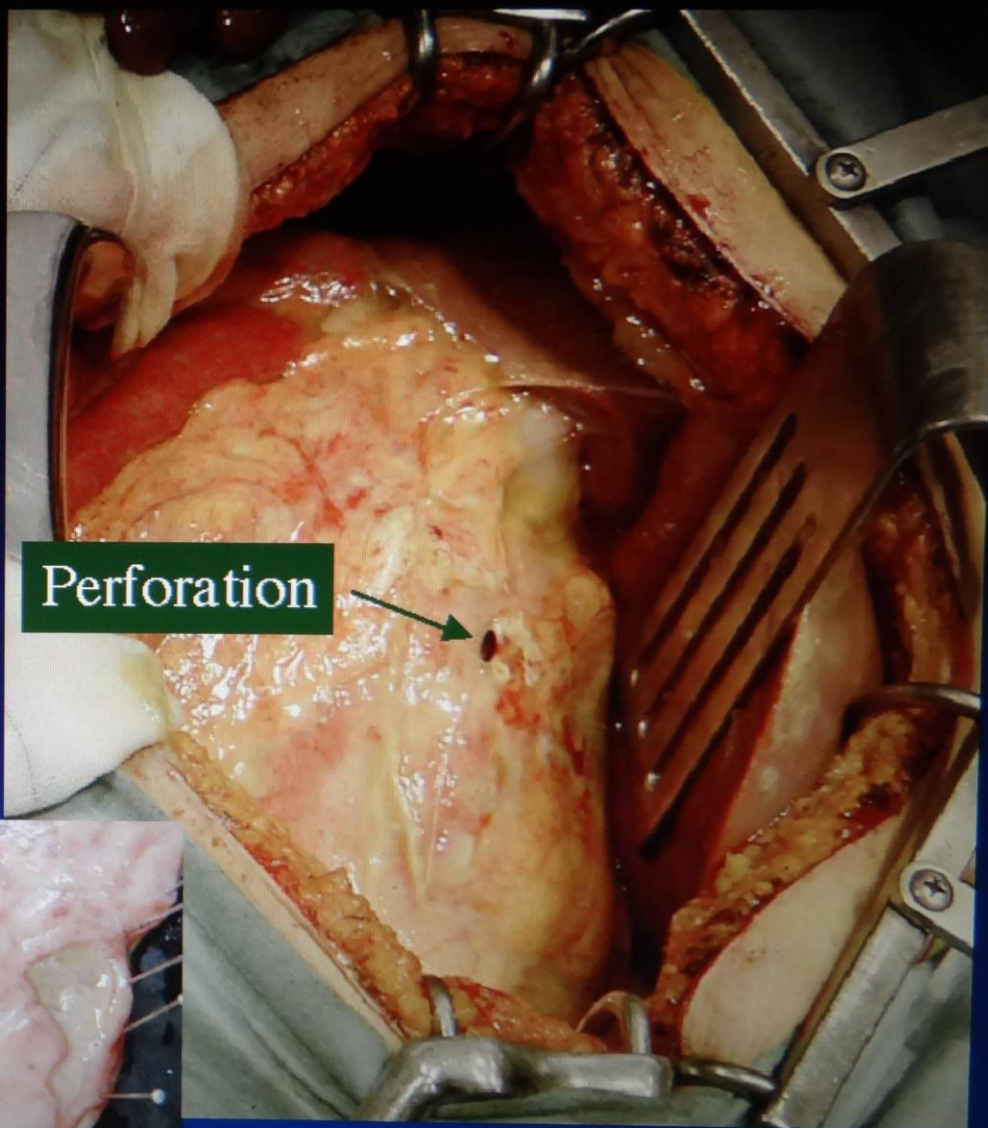
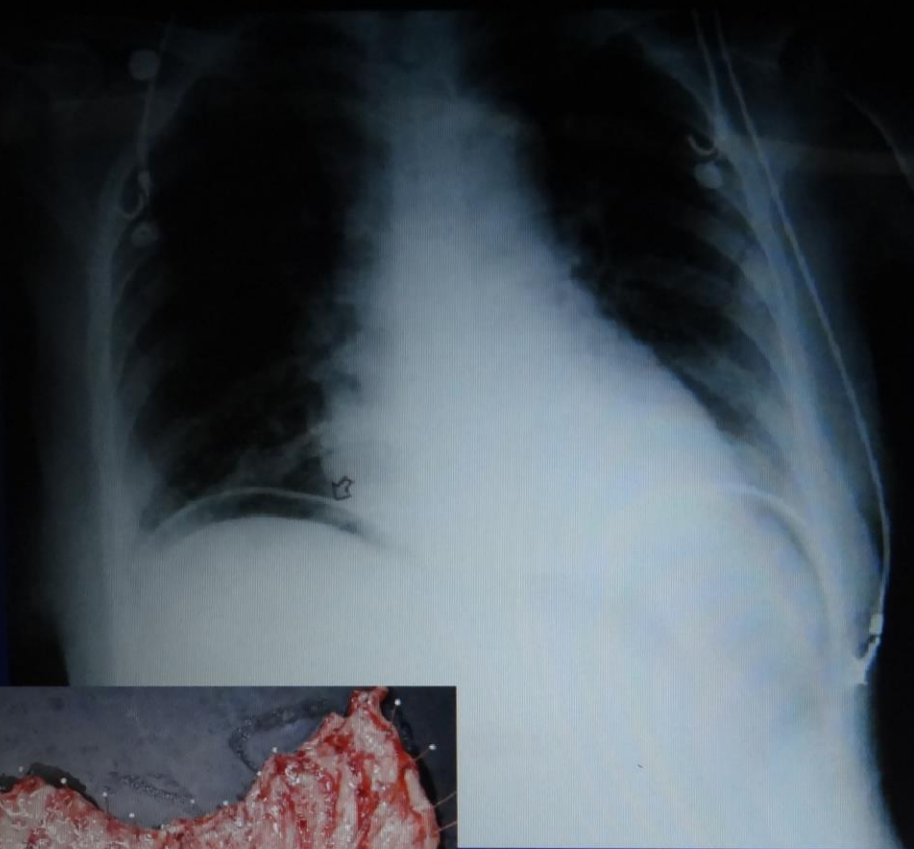
ulcer formation

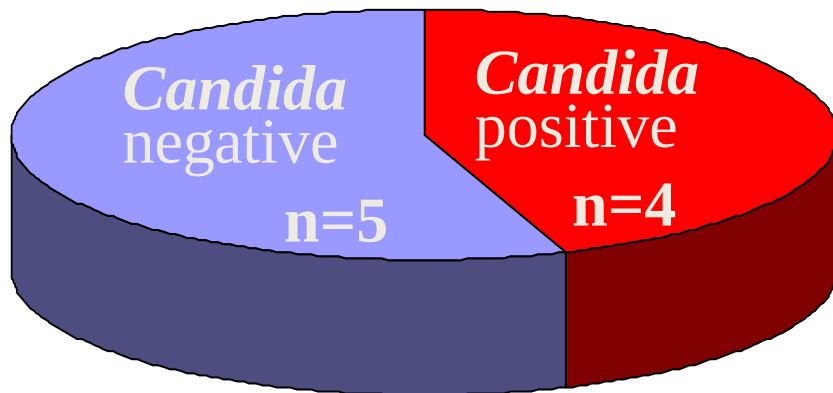
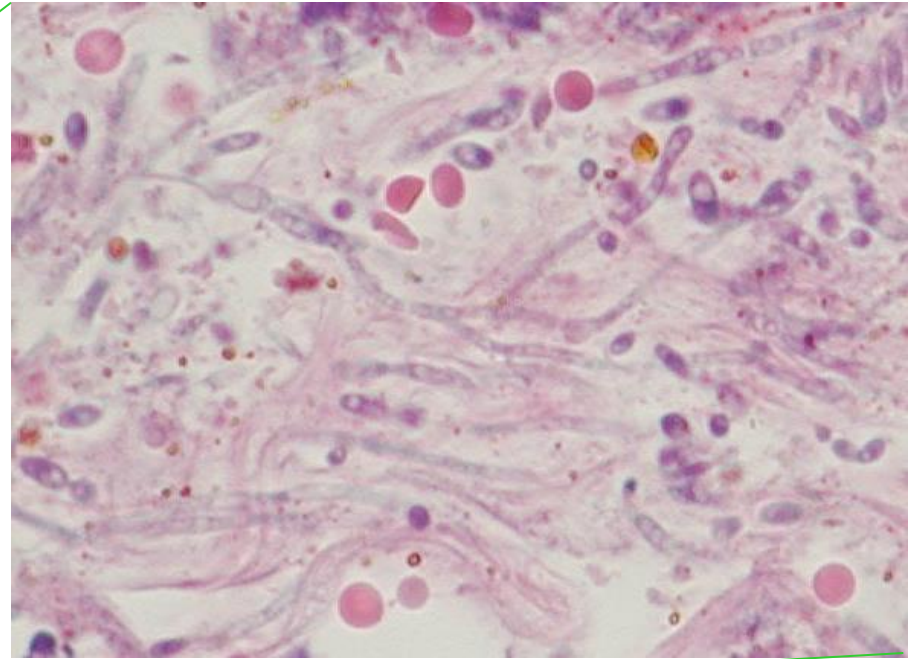
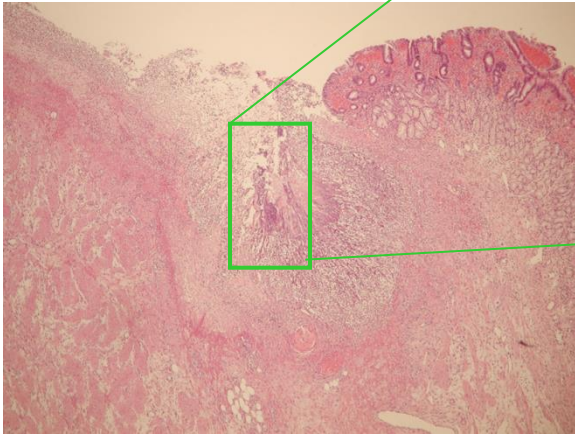
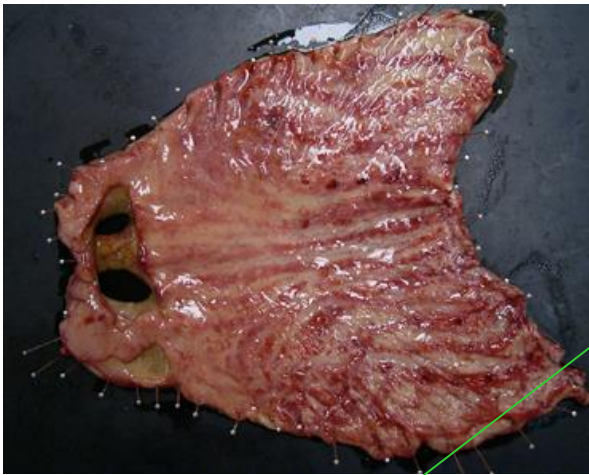




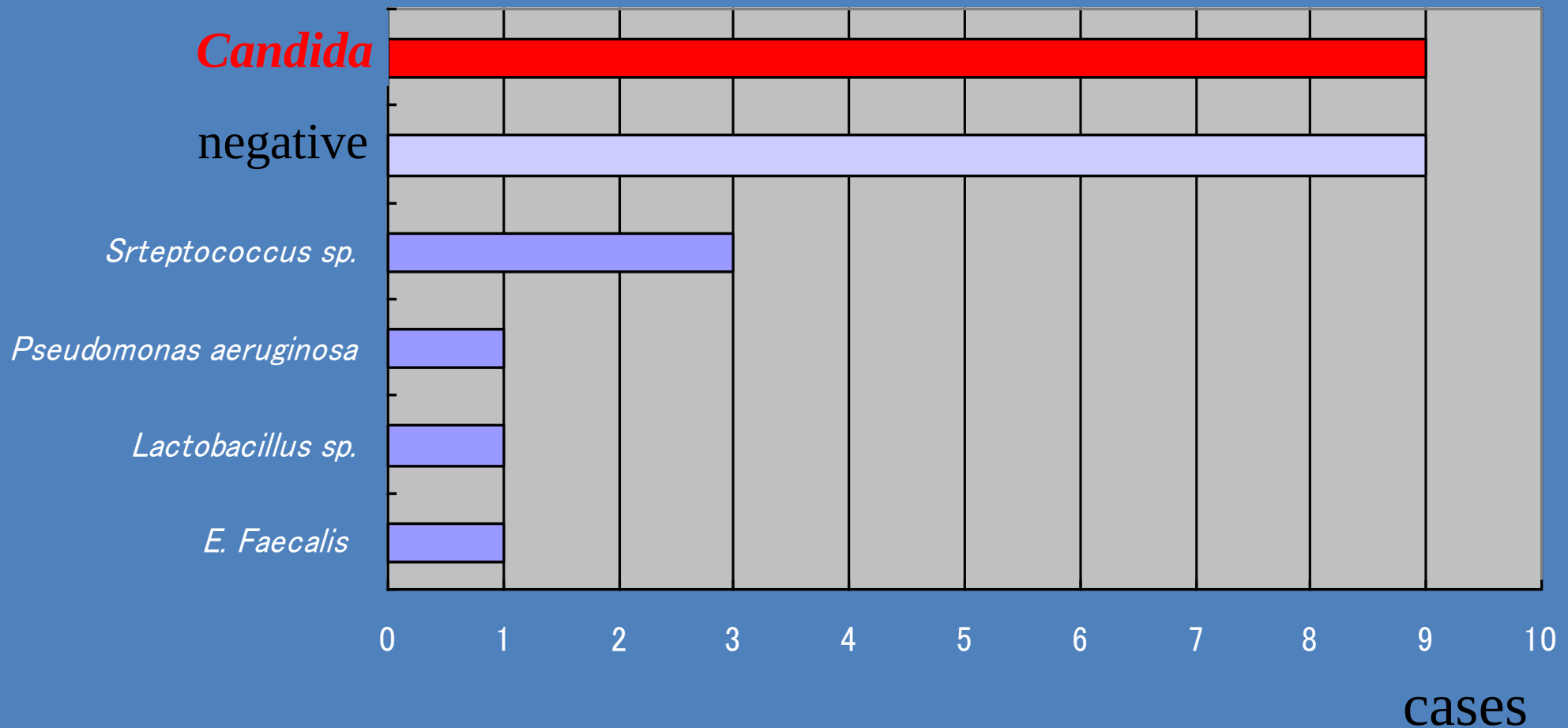
A possible defensive mechanism
in the basal region
of the gastric mucosa

Presented by
Dr. Masashiko Nakamura





In the resected stomach, the hypha of *Candida* with massive granulocytes infiltration were observed at the base of ulcer microscopically.

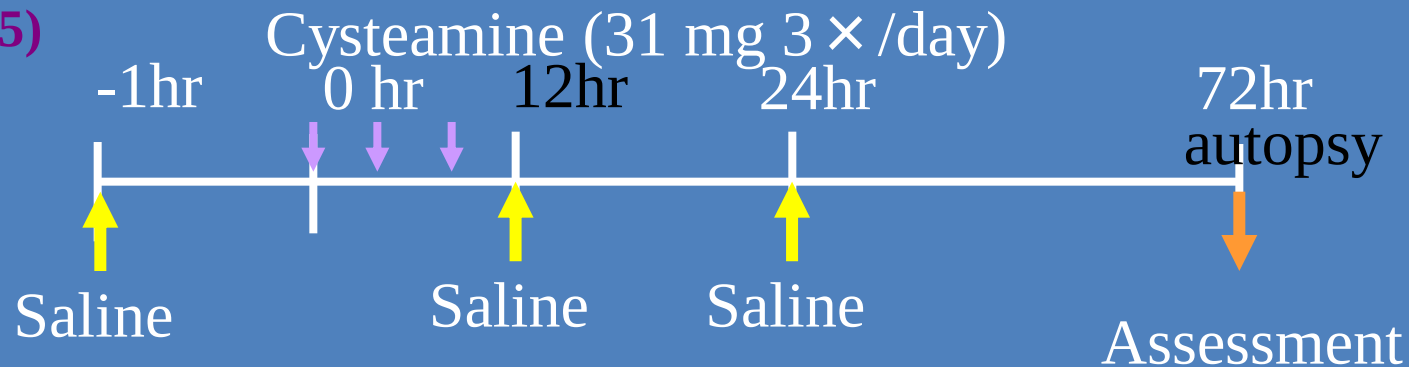


**Biological culture isolated from the peritoneal fluid
taken within 24 hours after onset of perforation**

Experimental analysis: Method

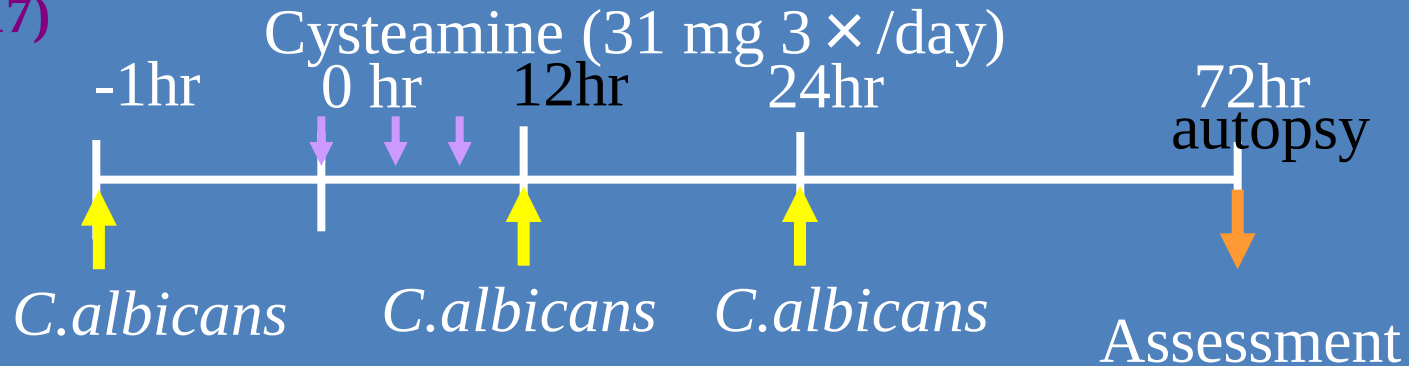
Saline group

(n=15)



Candida group

(n=17)



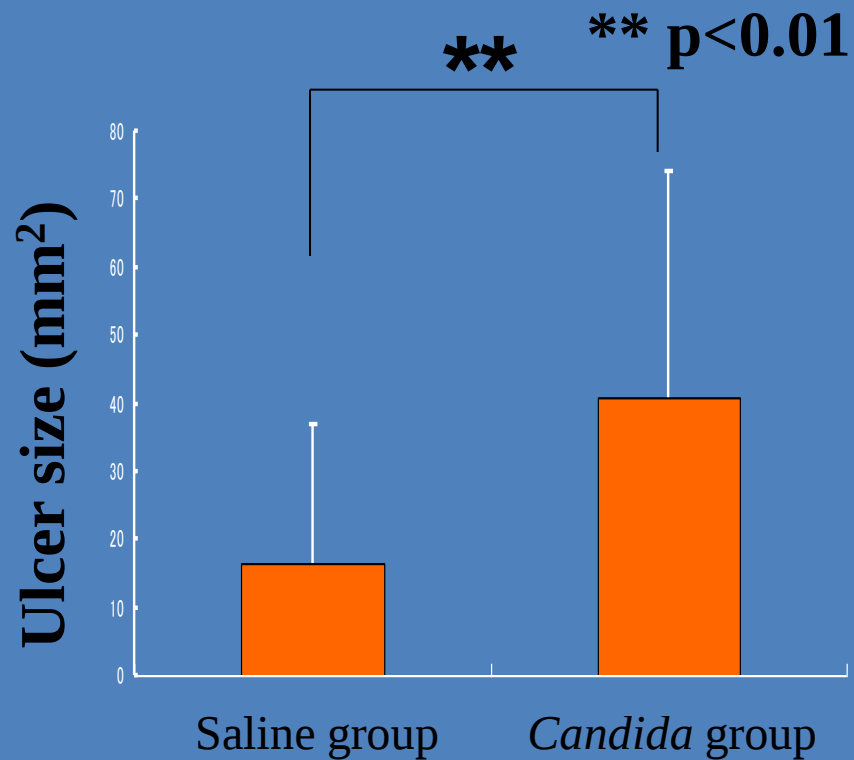
Cysteamine (31mg/100g) was administered thrice on Day 1 to Male Wistar rats in the *Candida* group (n=17) and the saline group (n=15).

Candida albicans at a density of 10^8 in 0.5ml of saline was administered 1 hour before, 12 hours and 24 hours after the first administration of cysteamine in the *Candida* group.

Incidence of duodenal ulcer perforation

Fisher's exact test $p < 0.01$

	Positive	Negative	rate
Saline	4	11	26.7%
<i>Candida</i>	16	1	94.1%



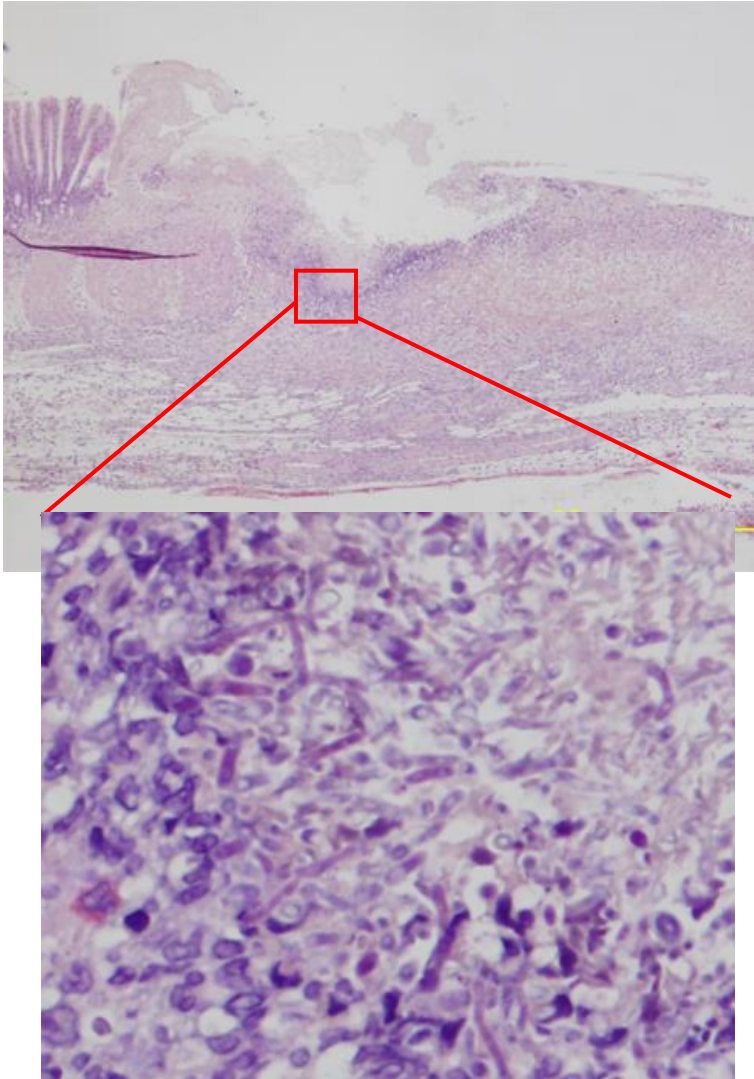
Saline group



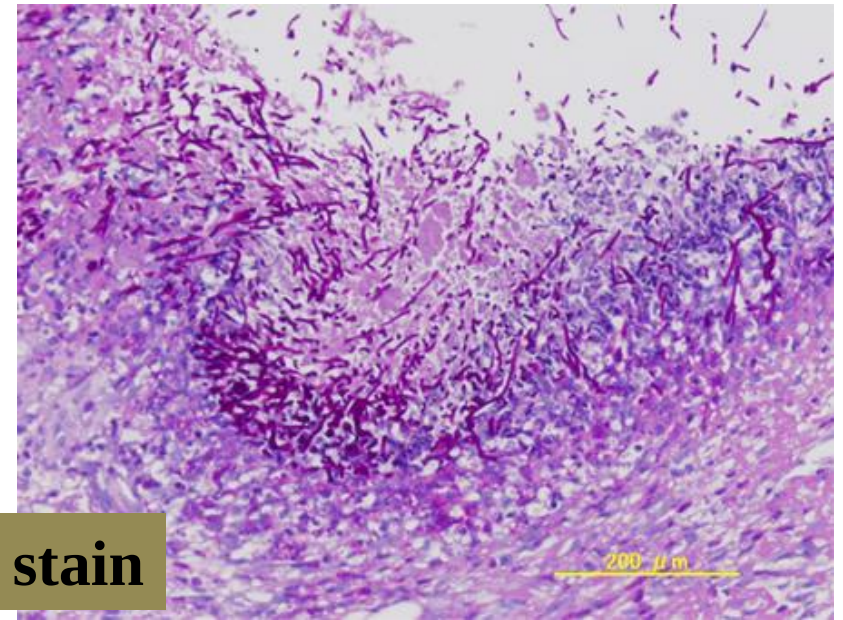
Candida group

Pathological findings

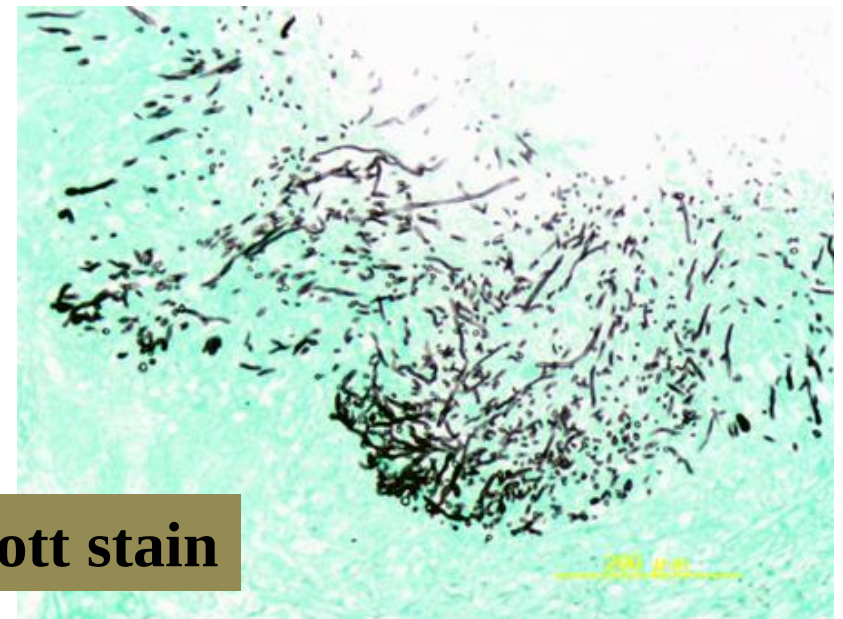
H&E. stain



PAS stain



Grocott stain



SUMMARY

Stress

Vascular permeability increase
healing

Stress+ factors

Disruption of
the defensive
mechanisms
at the base of
gastric mucosa

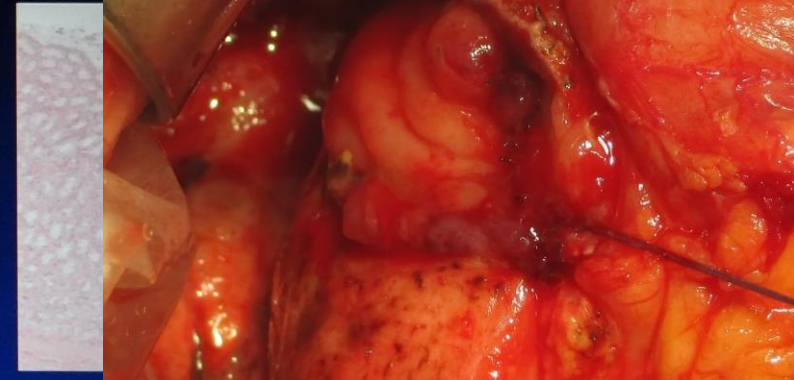
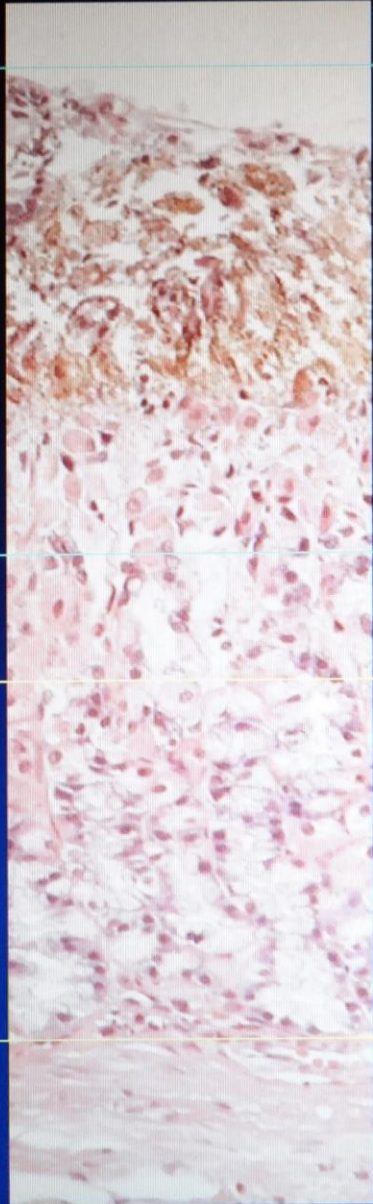
acid, HP,
NSAID,
steroids
mucosal
defence zone

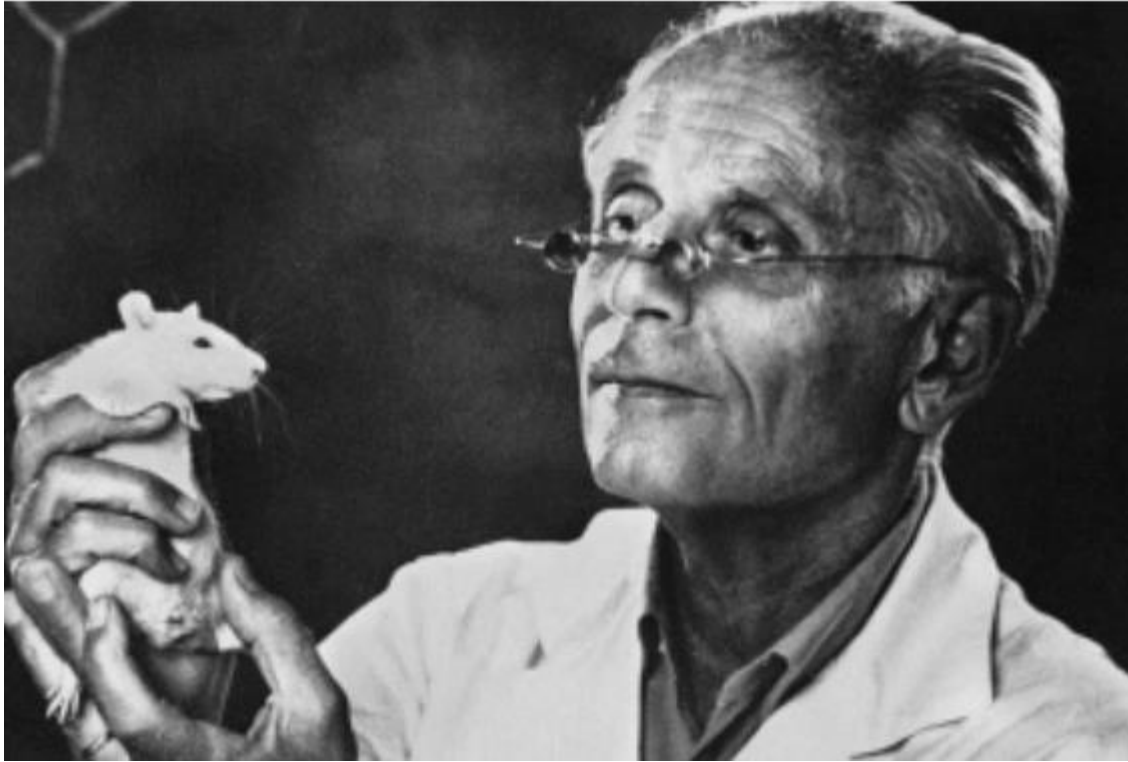
delayed healing

ulcer formation

aggravation

Candida





“Stress” is the crucial factor from perspectives of the surgeon in 2016, 80 years after the article of Hans Selye.